

U.S. Figure Skating

2016 Style Guide

This style guide is specifically intended for writing purposes, and we hope that it will create consistency throughout the organization to better streamline the message U.S. Figure Skating conveys to the public. U.S. Figure Skating Online, icenetwork and SKATING magazine's contributing writers should use this guide in order to adhere to the organization's writing style. Not all skating terms/events are listed here. We adhere to Associated Press style (exceptions are noted). If you have questions about a particular style, please contact Renee Felton at rfelton@usfigureskating.org.

The Top 11

Here are the top 11 most common style references.

U.S. Figure Skating

Abbreviate United States with periods and no space between the letters. The legal name of the organization is the U.S. Figure Skating Association, but in text it should always be referred to as U.S. Figure Skating. USFSA and USFS are not acceptable.

U.S. Figure Skating Championships, U.S. Synchronized Skating Championships, U.S. Collegiate Figure Skating Championships, U.S. Adult Figure Skating Championships

These events are commonly referred to as "nationals," "synchro nationals," "collegiate nationals" and "adult nationals," but the official names of the events are the U.S. Figure Skating Championships (second reference: U.S. Championships), the U.S. Synchronized Skating Championships (second reference: U.S. Synchronized Championships), the U.S. Collegiate Figure Skating Championships (second reference: U.S. Collegiate Championships) and the U.S. Adult Figure Skating Championships (second reference: U.S. Adult Championships).

one space after periods

Type only one space after a period, colon, everything. There is no instance in text where we use two spaces (or more) in a row.

lowercase certain skating terms

The following words should not be capitalized: gold, silver, bronze, medal, medalist, champion, short program, free skate, men's, ladies, pairs, dance, senior, junior, novice, intermediate, juvenile, moves in the field, freestyle, preliminary, solo, free dance, international, masters, adult. (See individual entries for more information.)

said

When attributing a quotation, the person's last name comes first followed by the word "said" ("Yes," Terry said.) as this is a subject/verb construction. (You wouldn't say "said I" but "I said.") Use the word said, and not says, states, stated, exclaimed, described, etc., to be consistent. (Exceptions can be made in feature stories.)

early quote attribution

Mention who is speaking early in a long quotation, usually after the first sentence or phrase. Do not wait until three sentences into the quote to introduce who is speaking. ("Coming back has been

better than it was before," Abbott said. "I enjoy skating so much more now.")

free skate

Free skate is two words and is lowercase. Free skate is to be used rather than "long program." We use free skate, not free skating, when referring to the program.

numbers

Spell out numbers zero through nine; use figures for 10 and above. Ordinals: spell out first through ninth, and starting with 10th use numerals. Use numerals when the number modifies a unit of measure, money, proportions, dimensions, speed or percentages (3 years old, 5 inches, \$4, 9 mph, 3 percent). Spell out distances and units of time unless it involves a fraction (four miles, eight years, 3¼ hours, 4½-minute free skate). This is our own style, an exception to AP style.

capitalization

Please see entry for detailed information on when to use capital letters and when to use lowercase. Always capitalize Axel, Biellmann, Lutz and Salchow as they are people's names.

email, website and online

We spell email (not hyphenated), website (lowercase, one word) and online (one word, no hyphen). (We previously used e-mail, but have made the transition to the nonhyphenated version.)

international judging system

It is not called "code of points," "new judging system" or "ISU judging system." Use "international judging system" on first reference. "IJS" is appropriate for internal audiences who will understand the acronym.

A

abbreviations and acronyms

Use abbreviations sparingly. When in doubt, spell it out. These abbreviations may be used in moderation (notice no periods are used): AM, FM (radio), USA (and other well-known acronyms), PR (public relations), TV (television) ZIP (zip code). Necessary abbreviations: A.D., B.C., a.m., p.m., fax, OK (not okay), PC (no periods, no spaces), Ph.D. (we prefer bachelor's degree and master's degree to B.A., M.S., etc.), St. (for saint; spell out when referring to person who was a saint; St. Louis was named for Saint Louis), U.S. and vs. There should be no spaces between initials in a name (T.S. Eliot). See individual entries for an organization or program's appropriate abbreviation or acronym. See state names for state abbreviations. Abbreviate "avenue," "boulevard" and "street" in numbered addresses.

Academic Scholarship Program

Second reference: ASP.

addresses

In complete addresses, use the postal abbreviations for states (Denver, CO, not Denver, Colorado). Always include a ZIP code with a complete address. Abbreviate "Avenue" (Ave.), "Boulevard" (Blvd.) and "Street" (St.) in complete addresses. Spell them out when used with only a street name. Abbreviate North, South, East and West in complete addresses (with periods, N., S., etc.). Use numerals for numbered streets, unless the number is less than 10 (56 N. 10th St., 20 First St.)

adjectives

See the "hyphen" entry for guidelines on handling compound modifiers used before a noun. See the "comma" entry for guidelines on punctuating a series of adjectives.

adult

Adult should not be capitalized when referring to an adult skater, adult competition category (masters open, championship adult gold, adult bronze) or adult-level test (She passed her adult pre-silver dance test.).

Adult International Competition

See "ISU Adult International Competition" entry.

Adult Nationals

See "U.S. Adult Figure Skating Championships" entry.

adverbs

See the "hyphen" entry for guidelines on constructing a compound modifier with an adverb.

African-American

ages

Always use numerals (14, not fourteen). Ages expressed using the word "year" will always have hyphens (A 14-year-old boy; the event is for 14-year-olds). When the word "years" is used, no hyphens are needed. (He is 14 years old.) An age used after a name should be set off by commas. (Emily, 13, skates on the

novice level.) Use numerals (5) for ages.

a.m., p.m.

Lowercase, with periods, and have a space between the time and a.m. or p.m. (10 a.m.) "The event is from 7 a.m. to 1 p.m." or "The event is from 7-9 a.m."

and/ampersand (&)

Always use the word "and" instead of the ampersand, unless it is part of a company's official name (Barnes & Noble). When referring to pairs and dance teams, use and between the names (Aaron and Settlege), not a slash or an ampersand (not Davis/White, Scimeca & Knierim). Ampersands are used in team names on the website because that is how they are set up in the database (this is an exception). Due to website technology, U.S. Figure Skating Online uses the ampersand.

Annual Congress on Sports Medicine and Sports Sciences of Figure Skating

This is the official name of the event. Second reference: Annual Sports Medicine and Science Congress. When referring to it as "the congress," "congress" should be lowercase.

apostrophes

Do not use an apostrophe to pluralize numerals. (The scores were mostly 5.6s for presentation. She is in her 30s.) Do not use an apostrophe to pluralize words as words. (His speech had too many "ifs," "ands" and "buts." This is an exception to the dictionary.)

DO use an apostrophe for omitted figures (the early '90s), but not to make it plural (not 90's). DO use a reverse apostrophe when abbreviating dates ('80s, not '80s). DO use an apostrophe to make single letters plural. (He learned the three R's and brought home A's on his report card.) A basic rule: always use "'s" if the word does not end in the letter s (there are, however, many exceptions to this rule).

When referring to men's, ladies or pairs results, these words are part of descriptive phrases. If you can turn the phrase around and insert "for" between the words, it's a descriptive phrase and does not need the apostrophe or "'s": ladies results (results for ladies) pairs short program (short program for pairs). You have to use an "'s" with "men's" because the plural form of man (men) does not end in "s". If you can turn the phrase around and insert "of" or "belonging to" between the words, it does need an apostrophe: skaters' costumes (costumes of or belonging to the skaters).

at-large

attribution

See "last names" entry.

Axel

The name of this jump is always capitalized because it is named after Axel Paulsen. Single, double or triple preceding Axel is not capitalized.

B

reference for the U.S. Figure Skating Basic Skills Program. When referring to a specific Basic Skills program, "program" is lowercased. (i.e. National Skating Month helps attract new families to your local Basic Skills program.)

backward

Not "backwards"

Basic Skills

Basic Skills (both words capitalized) is the appropriate second

Biellmann

Spin name is capitalized because it is named after Denise Biellmann.

Board of Directors

Capitalize Board of Directors but not officers or “the board.”

boys

Male competitors at the juvenile level and below are referred to as boys.

camel spin

capitalization

Avoid unnecessary capitals. Use a capital letter only if you can justify it by one of the principles listed here. If there is no relevant listing in the style guide for a particular word or phrase, consult the dictionary. Avoid words in all caps to show emphasis. An alternative is using italics.

proper nouns (unique identification for a specific person, place or thing): Timothy, Kwan, America, Saint Paul, Olympics.

proper names (when common nouns are an integral part of the full name for a person, place or thing): Colorado River, West Virginia, First Street. Lowercase these common nouns when they stand alone in subsequent references: the river, the street.

Lowercase the common noun elements of names in all plural uses: First and Second streets, Colorado and Mississippi rivers.

popular names: Capitalize some places and events that lack officially designated proper names but have popular names that are the effective equivalent (North Dallas, Deep Ellum).

derivatives (words that are derived from a proper noun and still depend on it for their meaning): American, Christian, English, Shakespearean. Lowercase words that are derived from a proper noun but no longer depend on it for their meaning: french fries.

sentences: Capitalize the first word in a sentence.

compositions: Capitalize the principal words in the names of books, movies, plays, poems, operas, songs, radio and television programs, works of art, etc.

titles: Capitalize formal titles when used immediately before a name. Lowercase formal titles when used alone or in constructions that set them off from a name by commas. Use lowercase at all times for terms that are job descriptions rather than former titles (Troy Schwindt, director, publications or Director, Publications Troy Schwindt; U.S. Figure Skating President Samuel Auxier *or* Samuel Auxier, U.S. Figure Skating president).

abbreviations: Capital letters apply in some cases: USA, STAR, etc.

miscellaneous:

- Capitalize names of directions when they designate a region, but lowercase when they indicate compass direction. See the "directions and regions" entry. Capitalize the word “Region” or “Section” when referring to a U.S. Figure Skating region/section (South Atlantic Region).
- Do not capitalize or italicize “a” or “the” in the front of the name of an organization, newspaper or magazine, unless it is part of the title (*The New York Times*, the *Saturday Evening Post*).
- Capitalize racial distinctions in the formal sense (Native American, Asian) but lowercase for less formal references (black, white).
- In headlines and titles, capitalize the first letter of each

books

Use italics for the names of books, magazines, newspapers, movies, paintings, drawings, statues, pamphlets and long musical compositions, such as operas (this is an exception to AP style).

bronze

Do not capitalize the word bronze in reference to a medal or as an adult skating level category.

bylaw

C

word, excluding articles and prepositions.

- Capitalize trademark terms such as Kleenex, Coke, Xerox. We don’t require the registration sign following the trademarked terms. Use generic terms where possible: facial tissue, soft drink, photocopy.

Central Pacific Regional Figure Skating Championships

This is the appropriate first reference. Second reference is Central Pacific Regional. Do not refer to as Central Pacifics (unless it’s in a direct quote).

Challenge Cup

Formerly known as the International Challenge Cup.

Challenger Series

See ISU Challenger Series.

champion

Do not capitalize (U.S. champion Ashley Wagner).

championship titles

When referring to medalists at the U.S. Championships, refer to them in the following ways: U.S. champion, U.S. junior silver medalist, etc. The word “senior” is not necessary when referring to a championship-level champion; however, the words “junior,” “novice,” “intermediate” and “juvenile” are necessary to clarify those levels.

Do not use the word “national” in the title (incorrect: U.S. national champion Jason Brown). It’s not necessary to use the words “men’s” or “ladies,” as it should be obvious by the name of the person. However, it is important to use ice dancing or pairs, as it distinguishes between the two disciplines. For example, Alexa Scimeca and Chris Knierim are the 2015 U.S. pairs champions. Use this reference instead of saying Scimeca and Knierim are the 2015 national senior pairs gold medalists (or champions).

Examples:

U.S. junior champion Bradie Tennell

(*not: National junior ladies gold medalist Bradie Tennell*)

2015 U.S. champion Ashley Wagner

(*not: 2015 National championship ladies gold medalist Ashley Wagner*)

U.S. ice dance champions Madison Chock and Evan Bates

(*not: National senior dance gold medalists Madison Chock and Evan Bates*)

U.S. junior silver medalist Kevin Shum

(*not: National junior men’s silver medalist Kevin Shum*)

Champs Camp

Official name is U.S. Figure Skating Champs Camp. Second reference: Champs Camp.

Charitybuzz

One word.

Charlotte

Capitalize “Charlotte” because it is a person’s name. A Charlotte is a move in which a skater skates backward on the ice and extends one leg straight up and bends down, dragging their hand on the ice.

choctaw

Lowercase.

coach, captain

Do not capitalize coach or captain (coach Vicki Korn, co-captain Dacia Crum) as they are job descriptions, not titles. When referring to a team’s captain or coach, use the team name as an adjective rather than a possessive — without an apostrophe (Haydenettes coach Saga Krantz, not Crystallettes’ coach Shannon Peterson).

Collegiate Championship Award Program

colon

Capitalize the first letter of a statement following a colon only if that statement makes a complete sentence. (She completed three double jumps: the toe, the loop and the Salchow.)

Colons that fall at the bottom of a page should be edited to be a period. (It looks bad to have a colon leading the reader’s eye to something that isn’t delivered until the next page.)

combination jumps

Hyphenate combination jumps to connect the jump names (triple Lutz-double toe, triple loop-half loop-double toe).

Combined Report of Action

commas

- Do not put a comma before the conjunction in a simple series (red, white and blue). Put a comma before the concluding conjunction in a series, however, if it would be confusing without it, or if there is a complex series of phrases. (I had orange juice, toast, and ham and eggs. The main points to consider are whether the athletes are skillful enough to compete, whether they have the stamina to endure the training, and whether they have the proper mental attitude.)

- Use a comma if the subject of each clause is expressly stated. (We visited Greensboro, and we attended the U.S. Championships.) But no comma when the subject of the two clauses is the same and is not repeated in the second. (We are visiting Omaha and plan to see the U.S. Championships.)

- A nonessential clause must be set off by commas.

An essential clause must not be set off from the rest of a sentence by commas. *Essential clauses cannot be eliminated without changing the meaning of the sentence. Nonessential clauses can be eliminated without altering the basic meaning of the sentence.* (Essential: Skaters who placed first in their level were invited to the exhibition. Nonessential: Susie, who turned 15 last week, was excited about her gold medal.)

- Use commas to separate a series of adjectives equal

dance

Lowercase references to dance, short dance, free dance, ice dancing or ice dance. (Chock and Bates placed first in the short dance.) "Ice dancing" or "ice dance" are both appropriate on first reference.

dances

Lowercase the names of dances if they are generic references and

in rank. If you can insert the word “and” between the adjectives, use a comma. (The soft, mysterious music). Do not use a comma when the last adjective outranks its predecessors because it is an integral element of a noun phrase, which is the equivalent of a single noun (a cheap fur coat).

- Use a comma to introduce a complete one-sentence quotation within a paragraph. Do not use a comma at the start of an indirect or partial quote.

- Use commas to offset the names of states and nations used with city names. (He’s from Colorado Springs, Colorado, and traveled to Barcelona, Spain.)

- When a phrase refers to a month, day and year, set off the year with commas. (Jan. 1, 2004, came quickly.)

- Commas always go inside quotation marks.

Committees

Capitalize names of U.S. Figure Skating committees including the word “Committee” (Sports Sciences and Medicine Committee).

Competitive Skaters Assistance Program

Second reference: CSAP.

competitive test track

Lowercase. Second reference: test track.

composition titles

Use *italics* for books, magazines, newspapers, movies, paintings, drawings, statues, pamphlets and long musical compositions, such as operas (this is an exception to AP style). Do not, however, italicize “SKATING magazine,” but do use all caps for the official name: SKATING.

Put quotation marks around TV program titles, CD titles, songs, radio programs and poems (“Malaguena,” “The West Wing”).

Do not use quotation marks or italics for books that are catalogs of reference (Encyclopedia Britannica). Capitalize the principal words in titles, including prepositions and conjunctions of four or more letters. Capitalize an article (the, a, an) or words of fewer than four letters if it is the first or last word in a title.

compound modifiers

When a compound modifier — two or more words that express a single concept — precedes a noun, use hyphens to link all the words in the compound except the adverb very and all adverbs that end in -ly (a junior-level skater, a better-qualified skater, her off-ice training program, a well-known man, a full-time job, an easily remembered rule). Don’t hyphenate these words if they’re not part of a compound adjective (She skates on the junior level. He works full time.) But when a modifier that would be hyphenated before a noun occurs instead of the noun “to be,” the hyphen is retained to avoid confusion. (The man is well-known. The children are soft-spoken).

counterclockwise

crossover(s)

One word, lowercase — can be a noun or an adjective.

D not a specific name of a dance (waltz, polka, blues, march). These typically describe the rhythm of the dance. Capitalize the name of the dance if it’s a specific name (Westminster Waltz, Tango Romantica, Midnight Blues, Quickstep).

dateline

COLORADO SPRINGS, Colorado (JUNE 25, 2015) -

dash

The em dash (—; shift + alt + hyphen) is used 1) to denote an abrupt change in thought in a sentence or an emphatic pause (Weiss ended up sixth — his top placement since finishing third at the 2000 World Championships.), 2) to set off the full phrase when a phrase that otherwise would be set off by commas contains a series of words that must be separated by commas (He listed qualities — intelligence, humor, independence — that he liked in an executive.) and 3) before an author's name at the end of a story if there's no byline at the beginning (— Troy Schwindt). Put a space on both sides of a dash in all uses. The em dash is often overused. Don't send a dash to do a comma's work!

dates

Always use numerals, without st, nd, rd or th (July 4, not July 4th). Use AP abbreviations for months. No comma when listing the month and year alone. See "months" and "years" for further examples.

days of the week

Capitalize days of the week. Do not abbreviate.

department

Capitalize the names of U.S. Figure Skating departments, including the word "Department" (Membership Development Department). If the word department is not used, don't capitalize the other words. (Susi Wehrli, senior director, membership, was at the meeting.)

death spiral

Eastern Adult Sectional Figure Skating Championships

This is the appropriate first reference. Second reference: Eastern Adult Sectional. Eastern Adults is not appropriate (unless it's in a direct quote).

Eastern Great Lakes Regional Figure Skating Championships

This is the appropriate first reference. Second reference: Eastern Great Lakes Regional. EGLs is not appropriate (unless it's in a direct quote).

Eastern Sectional Figure Skating Championships

This is the appropriate first reference. Second reference: Eastern Sectional. Easterns is not appropriate (unless it's in a direct quote).

Eastern Synchronized Skating Sectional Championships

This is the appropriate first reference. Second reference: Eastern Synchronized Sectional. Eastern Synchros is not appropriate (unless it's in a direct quote).

eligible

See "Olympic eligible."

ellipses

Avoid ellipses if possible. They're not necessary in every place where part of a quote is omitted. Avoid deletions that would distort the meaning. An ellipsis may be used to indicate a

Fantasy Figure Skating

See "U.S. Figure Skating Fantasy Skating" entry.

figure test

Not figures test.

different from

Different takes the preposition "from," not than.

directions and regions

In general, lowercase north, south, northeast, northern, etc., when they indicate compass direction. Capitalize these words when they designate regions. (He drove west. A storm developed in the Midwest and moved toward the East Coast. She has a Southern accent. He represents the North Atlantic Region.) Capitalize the word "Region" or "Section" if referring to a U.S. Figure Skating region/section by name (Eastern Section). Capitalize compass points when used in denoting widely known sections (Southern California).

director

Capitalize "director" when it acts as part of a title (Director of Publications Troy Schwindt). Do not capitalize it when the person's name comes first and the title follows as a descriptive phrase (Troy Schwindt, director, publications). The same rule applies for all titles including chair, president and team leader.

E

pause. Treat an ellipsis as a three-letter word — three periods and a space on either side of the periods. If the ellipsis follows a complete sentence, place a period at the end of the sentence before the ellipsis and follow it with a regular space and an ellipsis. ("I didn't think it was hard. ... I didn't think it was challenging.") When material is deleted at the end of one paragraph and at the beginning of the one that follows, place an ellipsis in both locations. Do not use ellipses at the beginning and end of direct quotes. ("It was exciting to turn around and see a standing ovation," Ellis said. Not "... it was exciting to turn around and see a standing ovation ... ," Ellis said.) Use ellipses for an omission at the beginning or in the middle of a quoted sentence. Avoid using them at the end of a sentence.

email

e-newsletter

envelope

First reference: U.S. Team Envelope (capitalized). Generic references to team envelope should be lowercased.

ex officio

European Figure Skating Championships

First reference: 20XX ISU European Figure Skating Championships. Second reference: European Championships. Europeans is acceptable but not preferred. Euros is not used.

F

flip

footwork

forward

Not "forwards"

Four Continents Figure Skating Championships

The appropriate first reference is the 20XX ISU Four Continents Figure Skating Championships. Second reference: Four Continents Championships. Third reference: Four Continents. ISU European Championships is not used.

fractions

Spell out amounts less than one in stories, using hyphens between words (two-thirds, four-fifths, seven-sixteenths). Use numerals for precise amounts larger than one (3½, not three and a half; four years, but 4½ years).

free skate

Free skate is two words, lowercased. Free skate is to be used rather

girls

Female competitors at the juvenile level and below are referred to as girls.

gold

Do not capitalize gold when referring to a gold medal or gold test.

Governing Council

Capitalize Governing Council but not “meeting” when referring to U.S. Figure Skating’s annual Governing Council meeting. Capitalize all first letters when referring to it as “2015 Governing Council Annual Meeting.”

Graduating Seniors Program

hand-in-hand

Use dashes in both noun and adjective uses.

headquarters

Helen M. McLoraine Figure Skating Scholarship Program
Second reference: Helen M. McLoraine Scholarship Program.

homepage

home-school, home-schooled

hyphen

Use hyphens to form a single idea from two or more words. See the “compound modifier” entry for how to hyphenate two or more words that express a single concept. Look up specific words in the dictionary that have prefixes or suffixes to know whether they are hyphenated or not.

ice dance

Icemen Network

One word.

Icemen Sectional Series

icenetwork

The official name of the website (note the lowercase “i” at the beginning.) It should be referred to as “icenetwork” and not “icenetwork.com.” It is appropriate to capitalize “icenetwork” in headlines, at the beginning of sentences, etc.

individual member

Lowercase. References an individual membership.

than the previous name “long program” (unless in a quote). Do not abbreviate as “FS.” Note: The ISU calls it free skating, but for us it’s the “free skate,” even when used as an adjective.

free dance

freestyle

We do not use this as a replacement for free skate.

Friends of Figure Skating

A fan-based membership. Should be referred to in this way, making sure to include the “s” on “Friends.” (Become a Friends of Figure Skating member or be a “Friend,” capitalized.)

fundraising/fundraiser

One word.

G

Grand Prix Series

See “ISU Grand Prix of Figure Skating Series.”

grade of execution

Lowercase. Plural is grades of execution. Appropriate references: grade of execution; GOE; grades of execution; GOEs.

grass roots, grass-roots

Two words when used as a noun (from the grass roots to the elite level) and as a compound word (with hyphen) as an adjective (developing the sport from the grass-roots level to the national level).

Group

Capitalize when referring to the level of a lift (Group 4 lift).

H

A suspensive hyphenation is used in this form: He received a 10-to-20-year sentence in prison.

Unless the word formed could be misunderstood or is hard to read in solid form, all words formed with these prefixes are spelled without hyphens:

pre	intra	sub	re	pseudo	post	extra
super	un	supra	over	infa	pro	non
co	under	ultra	auto	semi		

Example: Nonqualifying competition

- Be careful when joining prefixes to words. Don’t do it if it creates a new, different or strange word (re-create, pre-existing, re-cover).

- Spell words ending in “writer” solid (no hyphens): speechwriter, newswriter, scriptwriter, ghostwriter.

in-season

Hyphenated as a noun or adjective. This refers to a skater’s competitive skating season, usually from fall to spring.

interclub

Lowercase, not hyphenated.

intermediate

Lowercase when referring to a level or an event category.

international

Lowercase (an international event, international assignments). The exception is if international is part of a proper name.

International Skating Union

This is the official name of the organization. It is acceptable to use ISU (no periods) on all references including the first.

Internet

Always capitalize.

international judging system

Second reference: IJS. This system is NOT called code of points.

ISU Adult International Competition

Appropriate second reference: Adult International Competition.

ISU Challenger Series

Appropriate second references: Challenger Series.

ISU Junior Grand Prix of Figure Skating Series

Appropriate second references: Junior Grand Prix Series, Junior Grand Prix, JGP. Not ISU Junior Grand Prix Series.

ISU Junior Grand Prix of Figure Skating Final

Appropriate second references: Junior Grand Prix Final, JGP Final.

ISU Grand Prix of Figure Skating Final

Appropriate second references: Grand Prix Final.

Joyce Komperda Athlete Support Fund

Second reference: Joyce Komperda Fund.

judge

Lowercase unless it's part of a title for a court judge. (Jane Jones, the U.S. judge, gave the skater a +1 GOE. As a world judge, she has presided over numerous competitions.)

judge-in-charge

jumps

The names of jumps are lowercased except for Axel, Salchow and Lutz — these are capitalized because they are people's names. See "combination jumps" for how to hyphenate these jumps.

junior

Lowercase when referring to a level or an event category (a junior-level skater, the junior men's event). Appropriate references for the junior-level event include: junior (lowercase) U.S. Championships or U.S. Championships on the junior level/ in the junior division. (She won the gold medal in the junior

ladies

Lowercase. (Gracie Gold won the ladies free skate.) When referring to ladies results, "ladies" is part of a descriptive phrase. If you can turn the phrase around and insert for between the words, it's a descriptive phrase and does not need the apostrophe or "'s": ladies results (results for ladies), ladies short program (short program for ladies). If you can turn the phrase around and insert "of" or "belonging to" between the words, it does need an apostrophe: ladies' costumes (costumes of or belonging to the ladies).

ISU Grand Prix of Figure Skating Series

Appropriate second reference: Grand Prix Series. It is not necessary for the word "senior" to precede Grand Prix Series. Not ISU Grand Prix Series.

it

A team is a singular item and should be referred to as "it." (Miami University captured its fourth silver medal.) But with a plural name, such as the Haydenettes or the Hockettes, can be referred to as "their." (The Haydenettes won their 23rd U.S. title.)

italics

Italicize letters representing letters and words representing words (Mind your *p*'s and *q*'s. *Upon* is often unnecessary; *on* will do.

- The plural portion of an italicized word is left in roman. (The *Newsweeks* I read seem balanced.)
- Italicize thoughts attributed to thinkers. (*I'm too lazy to turn over*, he thought sleepily.)
- Italicize foreign words and phrases only if they are so uncommon that they are not in an American dictionary.
- Punctuation following italics is only italicized if it is part of the italicized phrase. (He thought, *What should I do?* Have you read *Gone With the Wind?* question mark not italicized)

it's, its

It's is a contraction for "it is" or "it has." (It's been a long time.) *Its* is the possessive form of the pronoun. (The company lost its assets.)

JK

ladies event at the U.S. Championships. They won the junior ice dancing title. I attended the U.S. Championships on the junior level and saw rising stars.) See "novice" for referring to novice-level event at the U.S. Championships. Capitalized when referring to an event such as the World Junior Championships. (World Junior champions Hawayek and Baker.)

Junior Grand Prix Final

First reference is prefaced by ISU. Appropriate second reference: JGP Final.

Junior Grand Prix of Figure Skating Series

First reference is prefaced by ISU. Appropriate second references: Junior Grand Prix Series, JGP Series.

juvenile

Lowercase juvenile when referring to a level or an event category. (They competed in the juvenile pairs event.) On the juvenile level, refer to "girls" and "boys" rather than "ladies" and "men." Pre-juvenile is lowercased and is hyphenated.

kiss and cry (do not use "&" sign)

last names

State a person's full name on first reference, then use only his/ her last name. (Mimi McKinnis is the assistant editor. McKinnis enjoys the job.) Exception: If one or more people with the same last name are equally mentioned in the story (e.g., brother and sister pairs team), use their first names after stating their full names. (While fellow skater Richard Gillam rushed to help Steve, Danielle was left to think the worst.) If the story is primarily about one sibling and another sibling is mentioned only briefly, use the last name to refer to the primary subject and the first name of the other. (Bell claimed the junior silver medal, while Morgan placed 18th in the senior ladies event.)

layback

levels

Lowercase references to the word level or levels of skating. (She is a novice-level skater. He skates on the intermediate level.). Capitalize “Level” when referring to levels of difficulty in the international judging system, and use numerals for the numbers associated, i.e. Level 1, Level 2, Level 3, Level 4. Do not hyphenate the level of difficulty in the IJS if it is modifying a specific element, i.e. Level 4 step sequence.

lifetime

LOC

This stands for local organizing committee. It is lowercase when spelled out but capitalized when abbreviated.

long time, longtime, long term, long-term

(They have been pairs partners for a long time. She was a longtime U.S. Figure Skating judge and referee. Long term, he’d like to pursue coaching. He described his long-term goals.)

loop

Lutz

This jump is named for its inventor Alois Lutz and is therefore capitalized in all cases.

M

Major League Baseball Advanced Media

This is the official name of the company. Second reference: MLB Advanced Media.

masters

master’s degree

Preferred reference. Avoid MBA if possible.

medalist(s)

We spell this with one “l” (ignore spell checks that suggest two “l”s).

media, media guide

In the sense of mass communication, the word is plural. (The news media are resisting attempts to limit their freedom.) We lowercase references to the U.S. Figure Skating media guide.

Members Only site

Secure website (www.usfsaonline.org) for U.S. Figure Skating members. Always capitalized, no hyphen between “Members” and “Only.”

Memorial Fund

Capitalize.

men, men’s

Male competitors at the intermediate through senior levels are referred to as men. You have to use an “s” with men’s because the plural form of man (men) doesn’t end in “s.” (Start the men’s short program. We watched the men skate. I like the men’s costumes.)

Michelle Kwan Trophy

The trophy skaters receive when they win the SKATING Magazine Readers’ Choice Skater of the Year Award.

mohawk

Lowercase.

Midwestern Adult Sectional Figure Skating Championships

This is the appropriate first reference. Second reference: Midwestern Adult Sectional. Do not refer to as Midwestern Adults (unless it’s in a direct quote).

Midwestern Sectional Figure Skating Championships

This is the appropriate first reference. Second reference: Midwestern Sectional. Do not refer to as Midwesterns or Mids

(unless it’s in a direct quote).

Midwestern Synchronized Skating Sectional Championships

This is the appropriate first reference. Second reference: Midwestern Synchronized Sectional. Do not refer to as Midwestern Synchros (unless it’s in a direct quote).

months

Capitalize the names of months in all uses. When a month is used with a specific date, abbreviate Jan., Feb., Aug., Sept., Oct., Nov. and Dec. (Jan. 3 was the coldest day of the month. His birthday is April 12.) Spell out when using alone or with only a year (October 2014). When using only a month and a year, do not separate the year with commas. When referring to a month, day and year, set off the year with commas. (On Feb. 25, 2003, we reached our goal.)

more than

See "over, more than" entry.

moves in the field

Lowercase. Hyphenate if used as an adjective. (They practiced moves in the field and stroking. She passed her senior moves-in-the-field test.)

movies

Italicize the names of movies (and books, newspapers, magazines). This is an exception to AP style. (She skated to music from *Pirates of the Caribbean*.)

museum

Lowercase at all times unless part of World Figure Skating Museum and Hall of Fame.

music

Capitalize and put in quotation marks names of songs, CDs and descriptive titles for orchestral works (“The Feeling Begins” by Peter Gabriel, Bach’s “Suite No. 1 for Orchestra,” “Rhapsody in Blue”). Italicize long musical compositions, such as operas, plays, musicals, etc., that the songs may be from (“All that Jazz” from *Chicago*, a medley from *Ragtime*). In subsequent references, lowercase symphony, concerto, etc.

N

names

See “last names” entry.

national championships

When referring to other countries’ national championships, there is no need to use the word “National” in the name. They should be called “2008 French Championships,” “2008 Japanese Championships,” etc. Referring to these events as “French Nationals” or “Japanese Nationals” is not acceptable.

National Collegiate Championships

This should not be used. This is the former name of the U.S. Collegiate Championships.

National Showcase

Only appropriate reference. Showcase alone is not capitalized.

National Skating Month

Do not refer to this as NSM in stories (spell out), but it’s OK to abbreviate on forms and in certain web instances. Celebrated in January.

National Solo Dance Championships

All references: National Solo Dance Championships.

nationals

The appropriate term for nationals is the U.S. Figure Skating Championships (second reference: U.S. Championships). It’s OK to use nationals only in a quote, but do not capitalize it. See “U.S. Championships” entry.

NBC Sports

NBC Sports Network

NGB

Capitalize this as an abbreviation for national governing body. Do not capitalize national governing body when spelled out.

no hold block

nonprofit

One word, no hyphen.

nonqualifying

One word, no hyphen.

North Atlantic Regional Figure Skating Championships

This is the appropriate first reference. Second reference: North Atlantic Regional. North Atlantics is not appropriate (unless it’s in a direct quote).

novice

Lowercase (They won the novice title this year.). The novice-level event at the U.S. Championships should not be referred to as the U.S. Novice Championships. Appropriate references for the novice-level event include: novice (lowercase) U.S. Championships or U.S. Championships on the novice level/in the novice division. (She won the gold in the novice ladies event at the U.S. Championships. They won the novice ice dancing title at the U.S. Championships.)

numbers/numerals

Spell out numbers zero through nine; use numerals for 10 and above. Ordinals: Spell out first through ninth — starting with 10th, use figures. Spell out a numeral if it begins a sentence; recast the sentence if necessary. One exception — if the numeral identifies a calendar year. (Thirty-six skaters were entered in the event. 1994 was a good year.)

■ *Exception:* Use numerals when the number modifies a unit of measure, money, proportions, dimensions, speed or percentages (5 inches, \$4, 8½ x 11 sheet of paper, 70 mph, 3 percent, page 47).

■ Spell out distances and units of time unless it involves a fraction (four miles, two years, 3 ¼ hours, 4 ½-minute free skate). This is an exception to AP style.

■ For millions and higher, use numerals and spell out the word (6 million, 25 billion), except for casual references (I’d like to make a billion dollars).

■ When writing numbered rankings, it should be written No. 1 or No. 13, not #1 or number 13.

■ Use 1st, 2nd, 3rd, etc., when referring to figure tests (6th figure test).

O

offseason

No hyphen. This refers to the time between competitive figure skating seasons (typically the summer).

OK

Olympic eligible

Used to define skaters or competitions that meet the requirements and follow the rules of U.S. Figure Skating and/or the ISU. “Olympic eligible” is used instead of the word amateur. Use Olympic eligible as two words if by itself, but hyphenate it if it’s used as a compound modifier. (She will remain Olympic eligible. They are Olympic-eligible athletes.)

Olympic Winter Games

Precede this with the year (2014 Olympic Winter Games in Sochi, Russia). Appropriate second references: Olympic Games, Winter Games, the Games. Inappropriate: Winter Olympic

Games, Winter Olympics, Sochi Olympics, Sochi Games, etc.

Olympic Training Center

Second reference: OTC.

Olympic Village

Opening Ceremony, Closing Ceremony

Capitalize when referring to ceremony at the Olympic Games or events. Never Opening Ceremonies.

over, more than

Over refers to spatial relationships. (The plane flew over the city.) More than is used with numerals and amounts. (Their salaries went up more than \$20 a week. More than 250 people attended the event.)

overrotate, underrotate

Pacific Coast Adult Sectional Figure Skating Championships

This is the appropriate first reference. Second reference: Pacific Coast Adult Sectional. Do not refer to as Pacific Coast Adults (unless it's in a direct quote).

Pacific Coast Sectional Figure Skating Championships

This is the appropriate first reference. Second reference: Pacific Coast Sectional. Do not refer to as Pacific Coasts (unless it's in a direct quote).

Pacific Coast Synchronized Skating Sectional Championships

This is the appropriate first reference. Second reference: Pacific Coast Synchronized Sectional. Do not refer to as Pacific Coast Synchros (unless it's in a direct quote).

pairs

We use this as plural (She is a pairs skater vs. She is a pair skater). When referring to a pairs team, list the lady's name first followed by the man's. Use the word "and" between the names (Madison Chock and Evan Bates).

parentheses

In general, avoid parentheses by using commas or dashes unless absolutely necessary. Within quotations, use parentheses to clarify what someone is referring to that might be confusing otherwise. ("I had a hard time (at the U.S. Championships) because of my injury.") If adding words that were implied by the speaker, put it in brackets ("After my performance, I was happy to have [skated cleanly]). Items in parentheses can be taken out and the quote will still make sense; what's in brackets can't be taken out without distorting the sentence.

part time, part-time

Hyphenate when used as a compound modifier. (She works part time. She has a part-time job.)

percentages

Use the word percent (not the symbol %) in text. Use figures for percentages (5 percent). Repeat percent with each individual figure. (He said 10 percent to 30 percent of the people may not vote.)

quotation marks

See the "punctuation/quotation marks" entry.

Use single quotation marks only around quoted material already within quotes. (Jane said, "This was a year of 'hurry up' and 'settle down,' but next year we will start fresh.")

quotes

When attributing a quotation, it should be a subject/verb construction, putting the person's last name first followed by the verb — "Schwindt said" (subject/verb) not "said Schwindt"

re-elect, re-election

Readers' Choice Skater of the Year Award

The official name of this award is SKATING magazine Readers' Choice Skater of the Year Award. Second reference: Readers' Choice Award. The recipient receives the Michelle Kwan Trophy.

P

Ph.D.

Pilates

Pilates is always capitalized because it's named after Joseph Pilates.

p.m./a.m.

powerstroking

pre-gold, pre-silver, pre-bronze

Lowercase and hyphenate (exceptions to AP style).

prefixes

See separate listings for commonly used prefixes. Generally, do not hyphenate when using a prefix with a word starting with a consonant. Three rules are constant, although they yield some exceptions to first-listed spellings in Webster's: 1) Except for "cooperate" and "coordinate," use a hyphen if the prefix ends in a vowel and the word that follows begins with the same vowel. 2) use a hyphen if the word that follows is capitalized. 3) Use a hyphen to join doubled prefixes (pre-preliminary).

preliminary, pre-preliminary, pre-juvenile

Lowercase. Hyphenate the words with an additional "pre" at the beginning of the level (exception to AP style).

premier/premiere

Premier means first in status or importance; principal or chief. Premiere is a first public performance.

preseason

Professional Skaters Association

Second reference: PSA.

program components

punctuation/quotation marks

The period and the comma always go within the quotation marks. The dash, the semicolon, the question mark and the exclamation point go within the quotation marks when they apply to the quoted matter only. They go outside when they apply to the whole sentence (He asked, "How long will it take?" But: Who sings "All You Need Is Love"? outside quotation marks). Do not use a comma or period after an exclamation point ("Yikes!" she said. Not "Yikes!", she said.)

Q

(verb/subject). However, if there is a description about the person following their name, put "said" first, followed by their name and the description. ("Evy and Mary helped instill the drive for me to do this," said Lind, who also works with Anne Militano. "This is a perfect stepping stone for athletes," said Jeff DiGregorio, co-coach of ladies champion Kelsey Drewel. "I like figure skating," said U.S. champion Jason Brown. Not U.S. champion Jason Brown said.) Also, the majority of the time we use "said" after a quotation, versus exclaimed, described, etc. See "said" entry.

R

regard

The proper construction is "with regard to," not "in regard to." No "s" is required at the end of "regard." "Regards" is a salutation.

regionals

Lowercase. (After regionals, we took a break. After the South Atlantic Regional, we took a break.) Here are the correct names (first reference) of all of the regional events:

- New England Regional Figure Skating Championships
- North Atlantic Regional Figure Skating Championships
- South Atlantic Regional Figure Skating Championships
- Eastern Great Lakes Regional Figure Skating Championships
- Upper Great Lakes Regional Figure Skating Championships
- Southwestern Regional Figure Skating Championships
- Northwest Pacific Regional Figure Skating Championships
- Central Pacific Regional Figure Skating Championships
- Southwest Pacific Regional Figure Skating Championships

regions

See the "directions and regions" entry.

RISE

The name of a documentary film project about the 1961 U.S.

said

When attributing a quotation, the person's last name comes first followed by the word "said" ("Yes," Ellis said.) as this is a subject/verb construction (you wouldn't say "said I" but "I said"). We use the word said and not says, states, stated, exclaimed, described, etc., to be consistent. (There are exceptions in feature stories.) "Said" comes before the name, if there is an identifier following the name ("Use the website," said Ellis, who has been the web content coordinator for nearly two years.)

Salchow

This jump is named for its inventor Ulrich Salchow and is therefore capitalized in all cases. Do not abbreviate (Sal or Sow).

Scholastic Honors Team

See "U.S. Figure Skating Scholastic Honors Team" entry.

season (figure skating)

Refer to the figure skating competition year as the season (July 1–June 30, corresponding to the membership year). This is the 2015-16 season. It encompasses the end of 2015 and the beginning of 2016. Include the entire year on the first side of the en dash and the last two numerals of the second year on the other side.

seasons

Lowercase spring, summer, fall, winter and derivatives (such as springtime) unless part of a formal name (Olympic Winter Games, Troy Summer Skate competition).

sectionals

This is lowercased unless combined with the name of a specific section, then it's capitalized. (After sectionals, we took a break. After the Eastern Sectional, we took a break.) Here are the correct names (first reference) of all of the sectional events (including adult and synchronized):

- Eastern Sectional Figure Skating Championships
- Midwestern Sectional Figure Skating Championships
- Pacific Coast Sectional Figure Skating Championships
- Eastern Adult Sectional Figure Skating Championships
- Midwestern Adult Sectional Figure Skating Championships
- Pacific Coast Adult Sectional Figure Skating Championships
- Eastern Synchronized Skating Sectional Championships
- Midwestern/Pacific Coast Synchronized Skating Sectional

World Team. All references: ***RISE*** (bold and italic)

road

Do not abbreviate in addresses.

rock 'n' roll

Ron and Gayle Hershberger Award

Awarded annually to the top performing junior skater at U.S. Championships, rotating disciplines.

Ron and Gayle Hershberger Fund for Athlete Support

Second reference: Ron and Gayle Hershberger Fund.

Rostelecom Cup

Also known as Cup of Russia. Use Rostelecom Cup in all written uses. Cup of Russia is appropriate in direct quotes.

Rulebook

Capitalize U.S. Figure Skating Rulebook. Lowercase rulebook.

run-through

S

Championships (held concurrently)

semicolon

Use semicolons to separate elements of a series when individual segments contain material that also must be set off by commas. (He leaves a son, John Smith of Chicago; two daughters, Jane Smith of Wichita, Kan., and Mary Smith of Denver; and a sister, Martha.) Note that the semicolon is used before the final "and" in such a series. Use a semicolon when a coordinating conjunction such as "and," "but" or "for" is not present. (The package was due last week; it arrived today.)

senior B

First reference. Also may be referred to as senior B international. Second reference: senior B.

short program

side by side, side-by-side

(They spun side by side. Their side-by-side spins were perfect.)

silver

Do not capitalize silver when referring to a silver medal or silver test.

Skate America

Never use the word "the" before it. When the event has a title sponsor, first reference is always 20XX (Sponsor Name) Skate America. Second reference: 20XX Skate America, Skate America SkateFest

SKATING magazine

Capitalize the entire word when referring to SKATING magazine.

SKATING Magazine Archive

Second reference: the Archive. Note: This is an exception to our style.

SKATING Magazine Readers' Choice Skater of the Year Award Michelle Kwan Trophy

This is the official name of the annual fan award SKATING gives out. Second reference: Readers' Choice Award.

Skate America

Never use the word "the" before it. When the event has a title sponsor, first reference is always 20XX Hilton HHonors Skate America. Second reference: 20XX Skate America, Skate America

Skating Spectacular

This is the exhibition of champions at the conclusion of Skate America and the U.S. Championships. If Smucker's continues its sponsorship, first reference is Smucker's Skating Spectacular.

Snowplow Sam

Official mascot of U.S. Figure Skating. It is acceptable on second reference to call him Snowplow but using full name is preferred.

Social Media

Facebook (www.facebook.com/usfigureskating)

Instagram (www.instagram.com/usfigureskating)

Pinterest (www.pinterest.com/usfigureskating)

Twitter (www.twitter.com/USFigureSkating) @USFigureSkating

YouTube (www.youtube.com/usfigureskating)

South Atlantic Regional Figure Skating Championships

Appropriate first reference. Second reference: South Atlantic Regional. South Atlantics is not appropriate (unless in a direct quote).

Southwest Pacific Regional Figure Skating Championships

Appropriate first reference. Second reference: Southwest Pacific Regional. Southwest Pacifics is not appropriate (unless in a direct quote).

Southwestern Regional Figure Skating Championships

Appropriate first reference. Second reference: Southwestern Regional. Southwesterns is not appropriate (unless in a direct quote).

spaces

Use one space after all punctuation, on either side of an em dash and on either side of an ellipsis. There is no instance in text when there will be two spaces (or more) in a row.

Special Olympics

speedskating (exception to AP style)

Sports Medicine and Science National Network

The Sports Medicine and Science National Network is a directory of sports medicine and science specialists who have experience working with figure skaters and other competitive athletes. It is acceptable on second reference to call it the National Network.

sports sciences and medicine

spread eagle

STAR

This is the appropriate second reference for Serving the American Rinks.

S.T.A.R.S.

S.T.A.R.S. stands for Standardized Testing of Athleticism to Recognize Skaters. The full name should be written out on first reference. Second reference: S.T.A.R.S.

S.T.A.R.S. Combine

A series of off-ice physical challenges that measure fitness in three key areas. All references: S.T.A.R.S. Combine. Please note, when used alone, combine should be lowercased.

Stars on Ice

Do not use SOI.

state names

See box below for information and abbreviations.

straightline footwork

student-athlete

Hyphenate this term to show that it's one person fulfilling both roles.

Subcommittee

Capitalize names of U.S. Figure Skating subcommittees, including the word Subcommittee (Basic Skills Subcommittee).

synchro nationals

See "U.S. Synchronized Skating Championships" entry.

synchronized skating

Lowercased. Since synchronized team skating is redundant, the use of the word "team" has been phased out. Try to avoid the use of synchro, but it is acceptable in some instances.

state names

State names are no longer abbreviated per Associated Press style (Colorado Springs, Colorado; Albany, New York). They are spelled out when they stand alone (She flew to Colorado from Texas). Use the postal abbreviations (CO, CA) only with a full address that includes a ZIP code. In text, place one comma between the city and the state and another comma after the state. (Cleveland, Ohio, hosted the event.) Do not abbreviate any of the Canadian provinces in text. (Use postal abbreviations for provinces in full addresses.)

As of 2014, AP no longer abbreviates state names. The following are the ZIP code abbreviations in parentheses:

Alabama (AL)	Delaware (DE)	Kentucky (KY)	Mississippi (MS)	New Jersey (NJ)	Oregon (OR)	Vermont (VT)
Arizona (AZ)	Florida (FL)	Louisiana (LA)	Missouri (MO)	New Mexico (NM)	Pennsylvania (PA)	Virginia (VA)
Arkansas (AR)	Georgia (GA)	Maryland (MD)	Montana (MT)	New York (NY)	Rhode Island (RI)	Washington (WA)
California (CA)	Illinois (IL)	Massachusetts (MA)	Nebraska (NE)	North Carolina (NC)	South Carolina (SC)	West Virginia (WV)
Colorado (CO)	Indiana (IN)	Michigan (MI)	Nevada (NV)	North Dakota (ND)	South Dakota (SD)	Wisconsin (WI)
Connecticut (CT)	Kansas (KS)	Minnesota (MN)	New Hampshire (NH)	Oklahoma (OK)	Tennessee (TN)	Wyoming (WY)

These eight states have never been abbreviated in text:

Alaska (AK)	Idaho (ID)	Maine (ME)	Texas (TX)	Hawaii (HI)	Iowa (IA)	Ohio (OH)	Utah (UT)
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NOTE: In headlines, states use periods, cities do not:

Kansas City (KC)	LA (Los Angeles)	NY (New York)	DC (Washington D.C.)	SF (San Francisco)
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Domestic cities that stand alone:

Atlanta	Cleveland	Houston	Miami	New York	Pittsburgh	San Diego
Baltimore	Dallas	Indianapolis	Milwaukee	Oklahoma City	St. Louis	San Francisco
Boston	Denver	Las Vegas	Minneapolis	Philadelphia	Salt Lake City	Seattle
Chicago	Detroit	Los Angeles	New Orleans	Phoenix	San Antonio	Washington
Cincinnati	Honolulu					

International cities that stand alone:

Amsterdam	Cairo	Helsinki	London	Montreal	Quebec City	Stockholm
Baghdad	Djibouti	Hong Kong	Luxembourg	Moscow	Rio De Janeiro	Sydney
Bangkok	Dublin	Islamabad	Macau	Munich	Rome	Tokyo
Beijing	Geneva	Istanbul	Madrid	New Delhi	San Marino	Toronto
Beirut	Gibraltar	Jerusalem	Mexico City	Panama City	Sao Paulo	Vatican City
Berlin	Guatemala City	Johannesburg	Milan	Paris	Shanghai	Vienna
Brussels	Havana	Kuwait City	Monaco	Prague	Singapore	Zurich

The following are the correct spellings and abbreviations for the ISU member nations:

Andorra (AND)	Cyprus (CYP)	Italy (ITA)	Romania (ROM)
Argentina (ARG)	Czech Republic (CZE)	Japan (JPN)	Russia (RUS)
Armenia (ARM)	Denmark (DEN)	Kazakhstan (KAZ)	Serbia (SRB)
Australia (AUS)	Democratic People's Republic of Korea (PRK)	Latvia (LAT)	Singapore (SIN)
Austria (AUT)	Estonia (EST)	Lithuania (LTU)	Slovakia (SVK)
Azerbaijan (AZE)	Finland (FIN)	Luxembourg (LUX)	Slovenia (SLO)
Belarus (BLR)	France (FRA)	Malaysia (MAS)	South Africa (RSA)
Belgium (BEL)	Georgia (GEO)	Mexico (MEX)	Spain (ESP)
Bosnia-Herzegovina (BIH)	Germany (GER)	Monaco (MON)	Sweden (SWE)
Brazil (BRA)	Great Britain (GBR)	Mongolia (MGL)	Switzerland (SUI)
Bulgaria (BUL)	Greece (GRE)	Montenegro (MNE)	Thailand (THA)
Canada (CAN)	Grenada (GRN)	Morocco (MAR)	Turkey (TUR)
China (CHN)	Hong Kong (HKG)	Netherlands (NED)	Ukraine (UKR)
Chinese Taipei (TPE)	Hungary (HUN)	New Zealand (NZL)	United States of America (USA)
Croatia (CRO)	Iceland (ISL)	Norway (NOR)	Uzbekistan (UZB)
	India (IND)	Philippines (PHI)	
	Iran (IRN)	Poland (POL)	
	Ireland (IRL)	Puerto Rico (PUR)	
	Israel (ISR)	Republic of Korea (KOR)	

T

take off, take-off

(Remember your positioning as you take off. Bend the take-off leg.)

team leader

Capitalize this title if it's before someone's name, but not if it comes after their name. (U.S. Team Leader Kathy Slack worked hard. Millier, U.S. team leader, said it was a good event.)

Team USA

teams

Technically a team, such as the Haydenettes, is a singular item and should be referred to as "it," but this often doesn't sound correct. If the team name is plural (the Colonials), use "their." (The Hockettes won their first silver.) If the team name is singular (the Chicago Jazz), use "it." (Miami University continued its domination.) Alternatively, add the word "team" so "it" sounds correct. (The Fraser Eclipse team won its third competition of the year.)

When referring to the team's captain or coach, use the team name

as an adjective rather than a possessive, without an apostrophe. (Hockettes coach Jane Jones, *not* Crystallettes' coach Shannon Peterson).

Capitalize "team" when referring to the U.S., World, World Junior or Olympic Team. (Max Aaron made the U.S. World Team.)

team envelope

This is a funding structure used by U.S. Figure Skating for its athletes and plays a part in international assignments awarded to skaters. Capitalize unless used in a generic way. (U.S. Figure Skating Team Envelopes; Team A Envelope athletes; the team envelope system; Information about the team envelopes is on the website.)

technical controller

Lowercase. This is an official in the international judging system who is part of a five-member technical panel).

technical elements

technical notification

technical specialist

Lowercased. This is an official in the international judging system who is part of a five-member technical panel. There is also an assistant technical specialist on the technical panel.

teenager

telephone and fax numbers

The preferred format is: 719.635.5200.

tests

Lowercase all references to test levels (ISI freestyle test).

Theatre On Ice

Capitalized. Theatre is spelled this way, not theater (exception to AP style). TOI as an abbreviation is an acceptable second reference, although Theatre On Ice is preferred throughout.

three-turn

time

Use numerals except for noon and midnight. Times should be listed as figures and with a.m. or p.m., lowercase with periods (4 p.m.).

titles

For job titles, capitalize them if it precedes the person's name (Art Director Andrea Morrison) but lowercase when the title is after the name, usually offset by commas (Samuel Auxier, U.S. Figure Skating president, spoke to the crowd.)
See "composition titles" entry for book titles, songs, etc.

toe

Lowercase. (She completed a double toe.)

toward (not towards)

Trophée Eric Bompard

Second reference: Trophée Bompard. This event was formerly called Trophée Laliue. This is an ISU Grand Prix of Figure Skating Series event held in France each fall.

try out, tryout

Use two words as a verb; use one word as a noun or adjective. (Let's try out for the team. She said the tryouts were difficult.)

TV shows

Put the names of TV shows in quotations. (She was on "Today.")

twizzle(s)

Lowercase.

UV

Underway

As of 2013, the AP recognizes underway as one word. The project is underway. The naval maneuvers are underway. The season is underway.

Universal Sports Network

U.S. Adult Figure Skating Championships

The appropriate first reference is U.S. Adult Figure Skating Championships. Second reference: U.S. Adult Championships. "Adult nationals" not appropriate unless it is used in a direct quote (lowercase it).

U.S. Collegiate Figure Skating Championships

This is the correct name for the National Collegiate Championships. We do not abbreviate this. Second reference: U.S. Collegiate Championships.

U.S. Figure Skating

The legal name of the organization is the U.S. Figure Skating Association, but in text it should always be referred to as U.S. Figure Skating. USFSA and USFS are not appropriate.

U.S. Figure Skating Championships

This event is commonly referred to as "nationals," but that is not the official name of the event. Currently, Prudential is the title sponsor. The appropriate first reference is 20XX Prudential U.S. Figure Skating Championships (first reference must include sponsor name AND the words 'Figure Skating'). Second reference: U.S. Championships.

U.S. Figure Skating Community Development Grants

Formerly known as the Robert V. Hauff & John F. Dreeland Foundation Community Development Grants.

U.S. Figure Skating Dr. Scott Nadler Memorial Excellence in Sports Science and Medicine Award

Second reference: Dr. Scott Nadler Memorial Award. Third reference: Nadler Award.

U.S. Figure Skating Fantasy Skating

Second reference: Fantasy Skating.

U.S. Figure Skating Fan Zone

U.S. Figure Skating Hall of Fame

This is housed at the U.S. Figure Skating headquarters along with the World Figure Skating Museum and Hall of Fame.

U.S. Figure Skating headquarters

Second reference: headquarters

U.S. Figure Skating National Pairs Camp

Capitalize when referred to as U.S. Figure Skating National Pairs Camp. Lowercase national pairs camp.

U.S. Figure Skating Online

The name of the U.S. Figure Skating website (www.usfigureskating.org).

U.S. Figure Skating SafeSport Program

Second reference: SafeSport Program. Note: The USOC SafeSport program has a lower-case "p."

U.S. Figure Skating Scholastic Honors Team

This is the appropriate first reference for the U.S. Figure Skating program for high school juniors and seniors who maintain a high GPA while competing on at least the novice level. Second reference: Scholastic Honors Team.

U.S. Intercollegiate Team Skating Championships

The three colleges with the most points in each collegiate conference are invited to compete at this event.

U.S. Junior Figure Skating Championships

This national event for intermediate and juvenile skaters was held separately from the U.S. Championships through the 2011-12 season. Beginning with the 2012-13 season, all five U.S. Figure Skating levels competed under the auspices of U.S. Championships. The event no longer exists and will no longer be referred to as a stand alone event. Second reference: U.S. Junior Championships. Inappropriate references are: Junior Nationals, JNs or JN. This is not to be confused with saying junior U.S. Championships (meaning the junior level of the U.S. Championships). See "junior" entry for how to refer to this.

U.S. Synchronized Skating Championships

Second reference: U.S. Synchronized Championships. Synchro Nationals is not acceptable.

U.S. Synchronized Skating Training Festival

Second reference: Synchronized Training Festival.

United States

To abbreviate: use U.S. (no space). U.S. can be used as both a noun or an adjective. Use periods to offset.

United States Olympic Committee

Second reference: USOC.

Upper Great Lakes Regional Figure Skating Championships

Second reference: Upper Great Lakes Regionals. UGLs is not appropriate (unless in a direct quote).

vice

Use two words, no hyphen (vice president, vice chair). Capitalize vice president only as a formal title before a name. (First Vice President Lainie DeMore spoke to the crowd. DeMore, U.S. Figure Skating first vice president, spoke to the crowd.)

WXYZ

warm up, warm-up

Use two words as a verb but hyphenate them as a noun or adjective. (Let's warm up. She didn't have a good warm-up. I like my warm-up routine.)

Washington, D.C.

We use the AP style for Washington, D.C., and D.C. should have commas on either side of it (as shown here) if the sentence continues. Never use "Washington" when referring to the U.S. capital.

website

One word, lowercased. Capitalize "Web" when used alone (the Web) or as a modifier (Web page, Web feed).

weights

Use numerals. (The baby weighed 7 pounds, 9 ounces.)

who, whom

Use who and whom for references to human beings and animals with names. Use that and which for inanimate objects and animals without names. "Who" is the word when someone is the subject of a sentence, clause or phrase. (The woman who rented the room is gone. Who is there?) Use "whom" when someone is the object of a verb or preposition. (The woman to whom the room was rented is gone. Whom do you wish to see?)

workout, work out

(Her workout consists of yoga and Pilates. I'm going to work out.)

World Figure Skating Championships

First reference: ISU World Figure Skating Championships. Second reference: World Championships, Worlds (acceptable but not preferred). Not ISU World Championships.

World Figure Skating Museum and Hall of Fame

World

Capitalize the word "World" if referring to the World Championships, but not a reference to the world, meaning the

earth. (He is a two-time World medalist.) Also, "world judge" should be lowercase as it does not only refer to the World Championships.

World Junior Figure Skating Championships

First reference: ISU World Junior Figure Skating Championships. Second reference: World Junior Championships, World Juniors (acceptable but not preferred). Not ISU World Junior Championships.

World medalist

World Skater Rankings

See "icenetwork World Figure Skater Rankings" entry.

World Synchronized Skating Championships

First reference: ISU World Synchronized Skating Championships. Second reference: World Synchronized Championships. Avoid the use of World Synchros. Synchro Worlds is not appropriate.

World Team, World Junior Team

Capitalize "Team" when referring to these groups.

World Team Trophy

First reference: 20XX ISU World Team Trophy. Second reference: World Team Trophy

World Wide Web

www

Retain this part of a website address in text, but usfigureskating.org is an exception. Using the "www" should be decided on a case-by-case basis.

yearlong

years

Use numerals, without commas (1985). Use an "s" without an apostrophe to indicate spans of decades or centuries (the 1990s, the 1800s). Years are the lone exception to the rule in numerals that a figure is not used to start a sentence. (2002 was a good year.)

Name spellings

There are names of several foreign skaters, coaches and competitions we have decided to spell differently than some other outlets.

Examples: Rafael Arutunian (Arutyunyan)

Yu-Na Kim (Yuna Kim, Kim Yu-Na)

Julia Lipnitskaia (Yulia Lipnitskaya)

Evgeni Plushenko (Evgeny)

Ondrej Nepela Memorial (Nepala)

Elizaveta Tuktamysheva (Tuktamysheva)

Marina Zoueva (Zueva)