

The Skating Club of Boston Foxboro

Ice Rules and Etiquette 2019-2020 Season

Skater and Coach Reference Copy Revised 9/4/2019

THE SKATING CLUB OF BOSTON ICE USAGE AND ETIQUETTE RULES:

As a U.S. Figure Skating member and a member of The Skating Club of Boston, you are at all times a representative of the sport and The Skating Club of Boston. When at a Skating Club of Boston facility or when visiting other facilities, and during all practice sessions, competitions, show and test sessions, it is expected that all skaters and all coaches will conduct themselves in the most professional manner possible, and with the utmost integrity, respect and courtesy for others. Without exception, inappropriate, intimidating, threatening or rude behavior, including both gestures and language, both on an off the ice, will not be tolerated. This policy applies to all members, guest skaters, parents, professionals and their guests. It is the responsibility of all professionals to ensure that their skater and visitors understand these rules. Violators will be reprimanded; offenders risk losing ice time, as well as member and coaching privileges.

SPECIFIC RULES GOVERNING ALL SKATING SESSIONS AT FOXBORO:

- **All skaters and coaches MUST check in at the club office BEFORE taking the ice.**
- All skaters MUST wear figure skating blade type skates, no hockey skates are allowed on club free skate sessions.
- The music protocol is available in the club office and must be followed at all times. Music must be shut off and skaters must clear the ice as soon as the zamboni signals.
- Regardless of test level, skaters must be able to skate to the level of the session. An instructor must supervise children five years of age and under while on the ice. Less experienced skaters should be extra careful to be aware of other skaters.
- Coaches are responsible for the education and supervision of their skaters to ensure their safety.
- If you are an experienced skater, please be patient with the less experienced skaters. Remember that you were once new to skating too. Everyone deserves a chance to learn and advance in a comfortable atmosphere.
- The skater in program has the right of way and should wear the **bright green belt** while skating their program. If a skater in program needs to give warning to avoid a collision it should be done in a courteous manner. Other skaters and coaches should yield as quickly as possible.
- Skaters in a lesson have the right of way over skaters not in a lesson. Skaters in a lesson should move with the flow of traffic and must yield to the skater in program.
- Skaters in spins or backward moves should be given consideration to avoid collisions.
- Spins should be done at center ice unless part of the skater's program.
- Keep the lutz corners clear for the appropriate jumps.
- Coaches should teach near the boards as much as possible, especially during busy sessions and when giving instructions to skaters, with the exception of Ice Dancing.

- Skaters must keep moving on the ice. Unless injured, a skater must get up from a fall as quickly as possible. Horseplay of any kind is not allowed.
- If skaters need to talk to someone who is not skating and is off the ice, even briefly, they must get off the ice to do so.
- Congregating at the boards or on the ice is not permitted. Skaters must move freely so as to avoid accidents and injuries. Intentionally blocking another skater while on ice is not permitted. No one is allowed on the ice *for any reason or for any length* of time unless they are wearing skates with figure blades.
- Everyone must respect the personal property of others. The theft or destruction of private property will not be tolerated.
- Offensive language and disrespectful behavior is prohibited at all times you are in the facility- both on and off the ice.
- Coaches/ choreographers are allowed to be rink side in and near the hockey boxes. No other guests/ parents are allowed in this area, unless they have been given specific permission by the club office.
- All guest coaches must first check in and pay the walk-on fee of \$7.00 per session at the club office. They will also need to provide proof of USFS coaching registration and liability insurance.
- Our Club Jump Harness must be operated by Satellite Club coaches only. The Club Jump Harness check-in sheet is located in the club office. Skaters must check-in prior to the start of the session and their private coach must approve of jump harness usage. Parents must sign a Liability Waiver for their skater to use the jump harness.

I have read the above rules and policies regarding ice usage and etiquette. I understand that any violation is a breach in my agreement for contracted ice, and may result in disciplinary actions such as loss of ice privileges and membership status.

Skater signature: _____ Date _____

Parent signature: _____ Date _____



The Skating Club of Boston - Foxboro
Music Policy - Effective September 3, 2019

1. The purpose of the Music Rules is to ensure the appropriateness of any music that is played on Foxboro Club sessions and improve the probability that each skater will have his or her program played during busy free skating sessions.
2. All music played during a Foxboro Club session must be appropriate and not contain any profanity. All skaters and coaches are expected to demonstrate common sense with the selection of music to be played.
3. Skaters in lesson have first priority. Skaters preparing for an upcoming competition have second priority. Music CDs must be placed in the plastic CD holder in the order they arrive. Skaters may choose to skip their turn. If a skater skips their turn, their CD must go to the back of the rotation.
4. A suggested guideline is having a (5) five-minute warm-up at the beginning of each session before the start of any programs being played.
5. There will be no stopping and restarting of programs for any reason.
6. Only coaches, skaters and personnel authorized by the Foxboro Club office are allowed to use the music system.
7. No matter the number of skaters on the ice on any sessions each skater's music is not to be played in excess of 4 times.
8. Volume of music can be adjusted by the coach or skater to a level appropriate for the other coaches and skaters in the session.

Skater signature: _____ Date _____

Parent signature: _____ Date _____