



# The Studio at The Skating Club of Boston

October 1 – November 26, 2020

The Studio will be closed Novemebr 8 through November 14.

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00 AM							8:00AM-8:45AM Strength and Conditioning <i>with Andrea Sobieraj</i>
9:00 AM							9:00 AM-10:00 AM <i>Reserved for: Hayden Synchro</i>
10:00 AM			10:00AM-10:45AM Guided Stretching <i>with Andrea Sobieraj</i>			10:00AM-11:00AM <i>Reserved for: Hayden Synchro</i>	10:00AM-11:00AM <i>Reserved for: Tomorrow's Champions</i>
11:00 AM							11:00AM-12:00PM <i>Reserved for: Hayden Synchro</i>
12:00 PM							12:00PM-1:00PM Contemporary Jazz <i>with Anne Goldberg- Baldwin</i>
1:00 PM	12:50PM-1:40PM <i>Reserved for: Team Excel</i>						1:00PM-2:00PM Ballet <i>with Anne Goldberg-Baldwin</i>
2:00 PM			2:00PM-3:00PM Latin Dance <i>with Andru Escoto</i>			2:30-3:00PM Foam Roller/Stretch <i>with Andrea Sobieraj</i>	2:00PM-3:00PM Horton & Limon Modern <i>with Anne Goldberg- Baldwin</i>
3:00 PM		3:00PM-4:00PM Ballet <i>with Anne Goldberg-Baldwin</i>	3:00PM-4:00PM Ballroom Fundamentals <i>with Andru Escoto</i>	3:00PM-4:00PM Horton & Limon Modern <i>with Anne Goldberg- Baldwin</i>		3:00PM-4:00PM Total Body Warm Up <i>with Andrea Sobieraj</i>	3:00PM-6:30PM <i>Reserved for: Team Excel</i>
4:00 PM		4:00PM-5:00PM Contemporary Jazz <i>with Anne Goldberg-Baldwin</i>	4:30PM-7:30PM <i>Reserved for: Hayden Synchro</i>	4:00PM-4:00PM Ballet <i>with Anne Goldberg-Baldwin</i>	4:00PM-5:00PM Latin Dance <i>with Andru Escoto</i>		
5:00 PM		5:00PM-6:00PM Ballet <i>with Anne Goldberg-Baldwin</i>		5:00PM-6:00PM Ballet <i>with Anne Goldberg-Baldwin</i>	5:00PM-6:00PM Ballroom Fundamentals <i>with Andru Escoto</i>		
6:00 PM		6:00PM-7:00PM Ballet <i>with Anne Goldberg-Baldwin</i>		6:00PM-7:00PM Ballet <i>with Anne Goldberg-Baldwin</i>	5:00PM-7:30PM <i>Reserved for: Hayden Synchro</i>		
7:00 PM		7:00PM-8:00PM <i>Reserved for: Tomorrow's Champions</i>		7:00PM-8:00PM <i>Reserved for: Tomorrow's Champions</i>		7:00PM-8:00PM <i>Reserved for: Hayden Synchro</i>	
8:00 PM		8:00 PM -9:00 PM <i>Reserved for: Team Excel</i>			7:30PM - 8:30 PM <i>Reserved for: Team Excel</i>		

**Note:** Club Management reserves the right to modify the schedule and/or grant exceptions where it sees fit.