



The Skating Club of Boston
West Rink
March 7, 2021 – March 13, 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
6:00 - 6:50 AM Restricted Free (Jr/Sr)	6:00 - 6:30 AM Power Stroking/Edge Acc. (NT/Sr)		6:00 - 6:30 AM Power Stroking/Spin Acc. (NT/Sr)		6:00 - 6:30 AM Jump Exercises (NT/Sr)		
7:00 - 7:50 AM Restricted Free (Jr/Sr)	6:30 - 7:20 AM Dance/Free (NT/Sr)	6:30 - 7:20 AM Dance/Free (NT/Sr)	6:30 - 7:20 AM Dance/Free (NT/Sr)	6:30 - 7:20 AM Dance/Free (NT/Sr)	6:30 - 7:20 AM Dance/Free (NT/Sr)		
8:00 - 8:50 AM Restricted Free (Jr/Sr)	7:30 - 8:20 AM Dance/Free (NT/Sr)	7:30 - 8:20 AM Dance/Free (NT/Sr)	7:30 - 8:20 AM Dance/Free (NT/Sr)	7:30 - 8:20 AM Dance/Free (NT/Sr)	7:30 - 8:00 AM Jump Exercises (Triples/Quads)		
9:00 - 9:50 AM Restricted Free (Jr/Sr)	8:30 - 9:50 AM Free (Juv/Sr)	8:30 - 9:50 AM Free (Juv/Sr)	8:30 - 9:50 AM Free (Juv/Sr)	8:30 - 9:50 AM Free (Juv/Sr)	8:00 - 9:20 AM Restricted Pairs (Jr/Sr)		9:00 - 9:30 AM Artistry/Component Class (NT/Sr)
10:00 - 10:50 AM Restricted Free (Jr/Sr)	10:00 - 11:20 AM Free (Juv/Sr)	10:00 - 11:20 AM Free (Juv/Sr)	10:00 - 11:20 AM Free (Juv/Sr)	10:00 - 11:20 AM Free (Juv/Sr)	9:30 - 10:50 AM Restricted Pairs (Jr/Sr)		9:40 - 10:40 AM Restricted Free (Jr/Sr)
11:00 - 11:50 AM Restricted Free (Jr/Sr)	11:30 - 12:50 PM Free (Juv/Sr)	11:30 - 12:50 PM Free (Juv/Sr)	11:30 - 12:50 PM Free (Juv/Sr)	11:30 - 12:50 PM Free (Juv/Sr)	11:00 - 11:50 AM Free (Juv/Sr)		10:50 - 11:50 AM Restricted Free (Jr/Sr)
12:00 - 12:50 PM Competitor's Ice					12:00 - 12:50 PM Free (Juv/Sr)		
1:00 - 1:50 PM Competitor's Ice	1:00 - 2:20 PM Free (Juv/Sr)	1:00 - 2:20 PM Free (Juv/Sr)	1:00 - 2:20 PM Free (Juv/Sr)	1:00 - 2:20 PM Free (Juv/Sr)		12:00 - 1:50 PM Hayden Haydenettes	
2:00 - 4:30 PM Team Excel Intermediate	2:30 - 3:10 PM Free (Int/Sr)	2:30 - 3:10 PM Free (Int/Sr)	2:30 - 3:10 PM Free (Int/Sr)	2:30 - 3:10 PM Free (Int/Sr)	1:00 - 2:20 PM Free (Juv/Sr)	2:00 - 3:50 PM Hayden Lexettes	
	3:10 - 3:50 PM Free (Int/Sr)	3:10 - 3:50 PM Free (Int/Sr)	3:10 - 3:50 PM Free (Int/Sr)	3:10 - 3:50 PM Free (Int/Sr)	2:30 - 3:10 PM Free (Int/Sr)		
	4:00 - 4:50 PM Free (Int/Sr)	4:00 - 4:20 PM Power Stroking/Deep Edge (NT/Sr)	4:00 - 4:50 PM Free (Int/Sr)	4:00 - 4:20 PM Spins/Rotation Acceleration (NT/Sr)	3:10 - 3:50 PM Free (Int/Sr)		
	5:00 - 5:50 PM Free (Juv/Sr)	4:20 - 4:50 PM Free (Int/Sr)	5:00 - 5:50 PM Free (Juv/Sr)	4:20 - 4:50 PM Free (Int/Sr)	4:00 - 4:20 PM Jumps/Jump Exercises/ Sequences (NT/Sr)		
4:40 - 5:30 PM Club Ice	6:00 - 6:50 PM Free (Juv/Sr)	5:00 - 5:50 PM Free (Juv/Sr)	6:00 - 6:50 PM Tomorrow's Champions	5:00 - 5:50 PM Free (Juv/Sr)	4:20 - 4:50 PM Free (Int/Sr)	4:00 - 5:30 PM Team Excel Open Juvenile	
5:40 - 6:30 PM TOI of Boston	7:00 - 8:30 PM Team Excel Open Juvenile	6:00 - 6:50 PM Free (Juv/Sr)	7:00 - 7:50 PM Team Excel Preliminary	6:00 - 6:50 PM Free (Juv/Sr)	5:00 - 5:50 PM Free (Juv/Sr)		
6:40 - 7:50 PM TOI of Boston		7:00 - 7:50 PM Free (Juv/Sr)		7:00 - 8:30 PM Team Excel Juvenile	6:00 - 6:50 PM Free (Juv/Sr)		7:00 - 7:50 PM Free (Juv/Sr)
8:00 - 9:50 PM Adult Skate (18+)		8:00 - 9:50 PM Adult Skate (18+)	8:00 - 10:00 PM TOI of Boston		8:00 - 8:50 PM Club Ice	5:40 - 7:40 PM Team Excel Synchro Skills	
8:00 - 8:30 PM Adult Edge Class		8:00 - 8:30 PM Adult Edge Class		8:40 - 10:10 PM Team Excel Intermediate	9:00 - 9:50 PM Club Ice		
8:30 - 9:50 PM Adult Free		8:30 - 9:50 PM Adult Free					

Sessions with a red background are for Club members with full skating privileges only. Restricted Free/Pairs Sessions require each skater to be at least Junior-level Free with triple jumps. No more than 4 teams will be allowed on any Restricted Pairs session at the same time. All group class sessions allow for skaters of all levels (NT/Sr) to participate. Club Management reserves the right to modify the ice schedule and/or grant exceptions for skaters where it sees fit.