



The Skating Club of Boston  
West Rink  
May 2, 2021 – June 19, 2021  
updated 05/07/2021

| SUNDAY   | MONDAY  | TUESDAY   | WEDNESDAY                                   | THURSDAY   | FRIDAY  | SATURDAY  |
|--|---|---|---|--|---|---|
| 6:00 - 6:50 AM<br>Restricted Free (Jr/Sr)                    |   |   |   |  |   |   |
| 7:00 - 7:50 AM<br>Restricted Free (Jr/Sr)                    | 6:30 - 7:20 AM<br>Dance/Free (NT/Sr)          | 6:30 - 7:20 AM<br>Dance/Free (NT/Sr)                  | 6:30 - 7:20 AM<br>Dance/Free (NT/Sr)        | 6:30 - 7:20 AM<br>Dance/Free (NT/Sr)                     | 6:30 - 7:20 AM<br>Dance/Free (NT/Sr)                        |   |
| 8:00 - 8:50 AM<br>Restricted Free (Jr/Sr)                    | 7:30 - 8:20 AM<br>Dance/Free (NT/Sr)          | 7:30 - 8:20 AM<br>Dance/Free (NT/Sr)                  | 7:30 - 8:20 AM<br>Dance/Free (NT/Sr)        | 7:30 - 8:20 AM<br>Dance/Free (NT/Sr)                     | 7:30 - 8:00 AM<br>Jump Exercises<br>(Triples/Quads)         | 7:00 - 8:50AM<br>Hayden                               |
| 9:00 - 9:50 AM<br>Restricted Free (Jr/Sr)                    | 8:30 - 9:50 AM<br>Free (Juv/Sr)               | 8:30 - 9:50 AM<br>Free (Juv/Sr)                       | 8:30 - 9:50 AM<br>Free (Juv/Sr)             | 8:30 - 9:50 AM<br>Free (Juv/Sr)                          | 8:00 - 9:20 AM<br>Restricted Pairs (Jr/Sr)                  | 9:00 - 9:30 AM<br>Artistry/Component Class<br>(NT/Sr) |
| 10:00 - 10:50 AM<br>Restricted Free (Jr/Sr)                  |   |   |   |  |   |   |
| 11:00 - 11:50 AM<br>Restricted Free (Jr/Sr)                  | 10:00 - 11:20 AM<br>Free (Juv/Sr)             | 10:00 - 11:20 AM<br>Free (Juv/Sr)                     | 10:00 - 11:20 AM<br>Free (Juv/Sr)           | 10:00 - 11:20 AM<br>Free (Juv/Sr)                        | 9:30 - 10:50 AM<br>Restricted Pairs (Jr/Sr)                 | 9:40 - 10:40 AM<br>Restricted Free (Jr/Sr)            |
| 12:00 - 12:50 PM<br>Competitor's Ice                         | 11:30 - 12:50 PM<br>Free (Juv/Sr)             | 11:30 - 12:50 PM<br>Free (Juv/Sr)                     | 11:30 - 12:50 PM<br>Free (Juv/Sr)           | 11:30 - 12:50 PM<br>Free (Juv/Sr)                        | 11:00 - 11:50 AM<br>Free (Juv/Sr)                           | 10:50 - 11:50 AM<br>Restricted Free (Jr/Sr)           |
| 1:00 - 1:50 PM<br>Competitor's Ice                           |   |   |   |  | 12:00 - 12:50 PM<br>Free (Juv/Sr)                           |   |
| 2:00 - 2:50 PM<br>Dance/Free (NT/Sr)<br><i>*walk-on only</i> | 1:00 - 2:20 PM<br>Free (Juv/Sr)               | 1:00 - 2:20 PM<br>Free (Juv/Sr)                       | 1:00 - 2:20 PM<br>Free (Juv/Sr)             | 1:00 - 2:20 PM<br>Free (Juv/Sr)                          |   | 12:00 - 2:50PM<br>Hayden                              |
| 3:00 - 3:50 PM<br>Dance/Free (NT/Sr)<br><i>*walk-on only</i> | 2:30 - 3:10 PM<br>Free (Int/Sr)               | 2:30 - 3:10 PM<br>Free (Int/Sr)                       | 2:30 - 3:10 PM<br>Free (Int/Sr)             | 2:30 - 3:10 PM<br>Free (Int/Sr)                          | 1:00 - 2:20 PM<br>Free (Juv/Sr)                             |   |
|  | 3:10 - 3:50 PM<br>Free (Int/Sr)               | 3:10 - 3:50 PM<br>Free (Int/Sr)                       | 3:10 - 3:50 PM<br>Free (Int/Sr)             | 3:10 - 3:50 PM<br>Free (Int/Sr)                          | 2:30 - 3:10 PM<br>Free (Int/Sr)                             |   |
|  |   |   |   |  | 3:10 - 3:50 PM<br>Free (Int/Sr)                             | 3:00 - 3:50 PM<br>Free (NT/Sr)                        |
| 4:00 - 5:30 PM<br>Club Ice                                   | 4:00 - 4:50 PM<br>Free (Int/Sr)               | 4:00 - 4:20 PM<br>Power Stroking/Deep Edge<br>(NT/Sr) | 4:00 - 4:50 PM<br>Free (Int/Sr)             | 4:00 - 4:20 PM<br>Spins/Rotation Acceleration<br>(NT/Sr) | 4:00 - 4:20 PM<br>Jumps/Jump Exercises<br>Sequences (NT/Sr) | 4:00 - 5:30 PM<br>Team Excel<br>Open Juvenile         |
|  | 5:00 - 5:50 PM<br>Free (Juv/Sr)               | 4:20 - 4:50 PM<br>Free (Int/Sr)                       | 5:00 - 5:50 PM<br>Free (Juv/Sr)             | 4:20 - 4:50 PM<br>Free (Int/Sr)                          | 4:20 - 4:50 PM<br>Free (Int/Sr)                             |   |
| 5:40 - 6:30 PM<br>TOI of Boston                              | 6:00 - 6:50 PM<br>Free (Juv/Sr)               | 5:00 - 5:50 PM<br>Free (Juv/Sr)                       | 6:00 - 6:50 PM<br>Tomorrow's<br>Champions   | 5:00 - 5:50 PM<br>Free (Juv/Sr)                          | 5:00 - 5:50 PM<br>Free (Juv/Sr)                             | 5:40 - 7:40 PM<br>Team Excel<br>Synchro Skills        |
| 6:40 - 7:50 PM<br>TOI of Boston                              | 7:00 - 8:30 PM<br>Team Excel<br>Open Juvenile | 6:00 - 6:50 PM<br>Free (Juv/Sr)                       |   | 6:00 - 6:50 PM<br>Free (Juv/Sr)                          | 6:00 - 6:50 PM<br>Free (Juv/Sr)                             |   |
| 8:00 - 9:50 PM<br>Adult Skate (18+)                          |   | 7:00 - 7:50 PM<br>Free (Juv/Sr)                       | 7:00 - 7:50 PM<br>Team Excel<br>Preliminary | 7:00 - 8:30 PM<br>Team Excel<br>Juvenile                 | 7:00 - 7:50 PM<br>Free (Juv/Sr)                             |   |
| 8:00 - 8:30 PM<br>Adult Edge Class                           |   | 8:00 - 9:30 PM<br>Adult Skate (18+)                   | 8:00 - 8:50 PM<br>Adult Free (18+)          |  | 8:00 - 8:50 PM<br>Club Ice                                  |   |
| 8:30 - 9:50 PM<br>Adult Free                                 | 8:40 - 10:10 PM<br>Team Excel<br>Adult        | 8:00 - 8:30 PM<br>Adult Edge Class                    | 9:00 - 9:50 PM<br>Adult Free (18+)          | 8:40 - 10:10 PM<br>Team Excel<br>Intermediate            | 9:00 - 9:50 PM<br>Club Ice                                  |   |
|  |   | 8:30 - 9:50 PM<br>Adult Free                          |   |  |   |   |

Sessions with a red background are for Club members with full skating privileges only. Restricted Free/Pairs Sessions require each skater to be at least Junior-level Free with triple jumps. No more than 4 teams will be allowed on any Restricted Pairs session at the same time. All group class sessions allow for skaters of all levels (NT/Sr) to participate. Club Management reserves the right to modify the ice schedule and/or grant exceptions for skaters where it sees fit.