



Excel National Festival
July 15-17, 2022
The Skating Club of Boston
750 University Avenue, Norwood, MA 02062
www.scboston.org/excel

Deadlines:

June 14, 2022 at 11:59PM Eastern – Excel Series Open levels (Excel Beginner, High Beginner, Pre-Preliminary, Preliminary, Pre-Juvenile, Juvenile, Intermediate)

June 17, 2022 at 4:59PM Eastern – Excel Series Final levels (Excel Preliminary Plus, Pre-Juvenile Plus, Juvenile Plus, Intermediate Plus, Novice, Junior, Senior)

The Excel National Festival will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the [current rulebook](#), as well as any pertinent updates that have been posted on the U.S. Figure Skating [website](#).

The 2022 National Excel Festival and Final will continue to use the same calling specifications, guidelines and scoring as have been used throughout the 2022 Excel Series. Thus, all IJS events will still use ISU Communication No. 2253 (Single & Pair Skating Scale of Values) and ISU Communication No. 2334 (Levels of Difficulty and Guidelines for marking Grade of Execution in Single and Pair Skating), as well as the Excel Program Technical Information handbook for the 2022 season. ISU communication No. 2474 and No. 2475 will NOT be used at the 2022 Excel National Festival and Final. In addition, any other changes adopted at the ISU Congress, will NOT be in effect.

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and who are currently registered member of a U.S. Figure Skating member club, a collegiate club or who is an individual member in accordance with the current rulebook. Please refer to the current rulebook for non-U.S. citizens.

The 2022 Excel National Festival is made up of two parts:

Excel Series Final Competition: Invitation-only through the Excel Series for Excel Preliminary Plus, Pre-Juvenile Plus, Juvenile Plus, Intermediate Plus, Novice, Junior & Senior

Excel Series Open Competition: Open to skaters in the 2022 Excel Series in Excel Beginner, High Beginner, Pre-Preliminary, Preliminary, Pre-Juvenile, Juvenile & Intermediate

ELIGIBILITY/TEST LEVEL: All skaters must either compete at their test level or one level above their highest U.S. Figure Skating test passed. The determination of level will be based upon test level as of the 2022 Excel Series deadline of March 1, 2022, or when the skater submits their registration to be an Excel Series participant (whichever date is earlier).

Skaters may not change or move up levels in the 2022 Excel Series once the registration deadline has passed. Exception: 2022 Excel Series skaters competing in levels Excel Beginner through Excel Pre-Juvenile may move up one level for the 2022 Excel Final, but they may not enter an Excel Plus event at the 2022 Excel Final.

Age restrictions/requirements: Skaters must be under 22 years of age as of the registration deadline of March 1, 2022.

EMS REGISTRATION:

Entries will be accepted via [EMS](#) with credit card only.
Each transaction includes a 3% credit card fee.

**Registration Deadline: June 14 at 11:59PM Eastern- Open levels
June 17 at 4:59PM Eastern – Excel Series Final levels
No late registrations will be accepted.**

1. Go to <https://m.usfigureskating.org>
2. Enter your U.S. Figure Skating or if Compete USA events are offered, your Learn to Skate USA member number and password
 - a. If you need assistance with your member number and password, contact Member Services at memberservices@usfigureskating.org.
3. Click EMS then "Competition Registration"
4. Choose "Excel National Festival" from the list of nonqualifying competitions.
 - a. If you need assistance completing your registration, contact productsupport@usfigureskating.org.

The entry fee includes the full experience for the weekend: Excel Free Skate Competition, Finalist Camp or Festival, Competitors' Party, Finalist Exhibition.

REFUND POLICY: Entry fees will not be refunded after entry deadline unless no competition exists or the event is canceled. There will be no refunds for medical withdrawals. Processing fees will not be refunded.

SCHEDULE: Competitors may be scheduled on any day or time during the announced dates of the competition. The competition and practice ice schedule will be available after the close of entries. All participants will be notified via email once available.

FACILITIES: The competition will be held at 750 University Avenue, Norwood, MA 02062. Please visit scboston.org for more information. The Tenley E. Albright Performance Center and West Rink will be used for competition and practice ice, and the East Rink will be used for practice ice only. The Performance Center is Olympic size (200' x 100') and the West Rink and East Rink are NHL size (200' x 85'). The facility has plenty

of seating, the 1240 Café and Performance Center concessions, and Home Ice skate shop. The Performance Center and West Rink have no hockey lines or glass. The boards in the West Rink are 24 inches high.

EMS MUSIC UPLOAD: DEADLINE: JULY 7, 2022 at 11:59PM Eastern

Competitors participating in events with music are required to upload their music to [EMS](#) no later than 11:59PM Eastern on July 7, 2022. After this date, skaters will be locked out of this feature and subject to a **\$25.00 late fee**. The late fee will automatically be added to each skater's cart who doesn't meet this requirement by the deadline. Late fees will not be removed under any circumstances and must be paid prior to receiving the skater credential onsite.

EMS SKATER MUSIC UPLOAD HOW TO: [CLICK HERE](#)

If you need assistance, email productsupport@usfigureskating.org

All music must meet the following criteria. If you have questions about what format you have, please contact your coach and get a new version of your music that meets the criteria listed below.

MUSIC CRITERIA:

- File Format: MP3
- Bit Rate: 192 kbps or higher and Sample Rate: 44,100 kHz
 - This will be verified by the music chair and they may request you upload a corrected file.
- Leaders and trailers (the silence or "dead space" before and after the actual start and end of the program music) may not exceed two (2) seconds. We prefer that there be NO leaders or trailers at all. Excessive leaders and trailers may disrupt the playing of the music during competition.

Competitors must also have available a backup copy of their competition music on a cellphone and it must be immediately available rink side whenever the skater competes. If the phone does not have the standard round headset connector an appropriate adapter, such as an Apple Lightning connector or Samsung USB-C adapter is required to be attached. The phone should be presented to the music person with the file ready to play, phone in airplane mode, and volume turned to maximum.

EMS PLANNED PROGRAM CONTENT (PPC) – IF IJS: DEADLINE: JULY 7, 2022 at 11:59PM Eastern

Competitors participating in IJS events are required to submit PPC in [EMS](#) no later than 11:59PM Eastern on July 7, 2022. After this date, skaters will be locked out of this feature in EMS and subject to a **\$25.00 late fee**. The late fee will automatically be added to each skater's cart who doesn't meet this requirement by the deadline. Late fees will not be removed under any circumstances and must be paid prior to receiving the skater credential onsite.

EMS PPC UPLOAD HOW TO: [CLICK HERE](#)

If you need assistance, email productsupport@usfigureskating.org

LIABILITY: U.S. Figure Skating and The Skating Club of Boston accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

ONSITE CHECK-IN: Registration will be open at least one hour before the first event of the competition, and run through the last event of the final day of competition. The registration table will be located in the lobby of The Skating Club of Boston. Additional details regarding the check-in process will be available on the [event website](#).

LOCKER ROOMS AND CHANGING AREAS:

Locker rooms and changing areas at U.S. Figure Skating competitive events are for athletes only, will be labeled with regard to specific use and where identified will be gender specific. An exception can be made for athletes 11 years old and younger that will allow for one parent of the same sex to assist their child immediately prior to and after their skating event(s). Please review the Locker Room and Changing Area Policy and the SkateSafe Handbook (both found on the [U.S. Figure Skating SkateSafe](#) page).

PRACTICE ICE: Practice ice will be held at The Skating Club of Boston and will be available for purchase once the schedule is posted. Unofficial practice ice (UPI) is not included in your entry fee and can only be purchased through the EMS Skater Portal. Information regarding practice ice will also be emailed out to all competitors and posted on the event website.

PHOTO/VIDEO: KrPhotogs Photography will be taking photos and videos at the event. More information will be emailed out to participants in advance of the event.

Note, per [U.S. Figure Skating policy](#), photographing and/or recording of anyone other than your own skater is strictly prohibited.

AWARDS: Awards will be given for 1st, 2nd, 3rd and 4th place finishes for all events. An awards schedule will be posted.

OFFICIAL NOTICES: If necessary, official notices will be posted on the event website: [event website](#) during the competition and/or sent out via email to registered participants. It is the responsibility of each competitor, parent and coach to check for any schedule changes and/or additional information. Skaters are requested to arrive 45 minutes prior to the scheduled time of their event. A tentative schedule of events will be posted prior to the competition. Results will be posted online and a link will be available on the website and at the competition.

TEST CREDIT: Skaters that meet the requirements for test credit may request their test credit packet by submitting a request form, along with a \$25.00 administrative fee. Request forms can be submitted to registration prior to the end of the last event of the competition. Test credit packets will be emailed, as soon as possible, following the competition.

IMPORTANT NOTICE FOR ALL COACHES:

To be a credentialed coach at a sanctioned nonqualifying competition, coaches must meet the compliance requirements listed below and verified by the U.S. Figure Skating. One coach credential per registered athlete.

With EMS, a coach must be included within a skater's registration or updated through their EMS Skater Portal via "[My Coaches](#)." All coaches declared at the time of registration will be included on the skater's registration

confirmation email. Note, there is no registration approval process within EMS as the data (membership and test level) is tied to the U.S. Figure Skating database. Non-compliant coaches will receive automated email reminders through the start of the competition.

Coach/Choreographer (domestic/non-foreign):

- ✓ Must be a current full member of U.S. Figure Skating either through a member club or as an individual member.
- ✓ If 18 years or older, must submit information for, proper payment of \$30 and successfully pass a background check. *
 - The background check will be valid for two seasons, the one in which it was completed plus one additional.
- ✓ If 18 years or older, must complete annual SafeSport Training. *
 - The training will be valid for 365 days from date of completion and there is no cost for the training/certification.
- ✓ Must complete the Professional Coach/Choreographer Coaching Education Requirement (CER) through the [Professional Skaters Association \(PSA\)](#).
- ✓ Must submit proof of general liability insurance with limits of \$1 million per occurrence/ \$5 million aggregate.
- ✓ Must agree to the U.S. Figure Skating Code of Ethics. *
- ✓ Must complete three waivers: 1) Assumption of Risk, Waiver and Release and Indemnification Agreement, 2) Medical Consent and 3) Name and Likeness Release and Consent Agreement. *
- ✓ If attending a qualifying competition or traveling as a part of Team USA and/or International Selection Pool (ISP), must be a full member of the [Professional Skaters Association \(PSA\)](#).

Learn to Skate USA Coach:

- ✓ Must be a current full member of U.S. Figure Skating either through a member club or as an individual member OR Learn to Skate USA instructor membership
- ✓ If 18 years or older, must submit information for, proper payment of \$30 and successfully pass a background check. *
 - The background check will be valid for two seasons, the one in which it was completed plus one additional.
- ✓ If 18 years or older, must complete annual SafeSport Training. *
 - The training will be valid for 365 days from date of completion and there is no cost for the training/certification.
- ✓ Learn to Skate USA Instructor Certification completed OR U.S. Figure Skating compliance coach (details above)

* Accessible via U.S. Figure Skating Members Only Website:

www.usfsaonline.org → Person Icon  or Account → Member Profile → Compliance

Foreign Coach/Choreographer:

- ✓ Required to present the LOC with a letter from their federation verifying they are a member in good standing.

For more information regarding Coach Compliance, please visit the [Coach Compliance](#) page.

TICKETS: There will be no chaperone tickets for this event. For athletes 11 and younger that need help tying skates, there will be a designated area at the beginning of the locker room hallway. Anyone wishing to watch the competition will need to purchase a ticket.

Tickets are required for entry on Friday, Saturday and Sunday. Due to the nature of this event, only all-event tickets will be sold. There will be no single-day tickets for this event. Tickets are available for purchase at www.scboston.org/tickets.

VOLUNTEER INFO: If you are interested in volunteering, please reach out to events@scboston.org.

CONTACT INFO: If you have questions, please contact Leslie Graham and Kelly Flaherty at The Skating Club of Boston by emailing events@scboston.org. Please allow 24 hours for a response.

- Chief Referee: Lynn Goldman
- Chief Accountant: Lainie DeMore
- Technical Accountant: Alan Heinold
- Chief Music Coordinator: Allen Krawiec
- LOC Chairs: Leslie Graham and Kelly Flaherty

ADDITIONAL INFORMATION:

Please refer to the [competition website](#) for additional hotels, as well as other information pertaining to the competition and local area.

Hotel: **Courtyard Boston Dedham/Westwood**

64 University Avenue
Westwood, MA 02090
\$129/night (plus taxes)

Last day to book: Friday, June 24, 2022. Reservations received after June 24 will be provided on a space-available basis at the prevailing room rates.

<https://www.marriott.com/event-reservations/reservation-link.mi?id=1648053849669&key=GRP&app=resvlink>

Events Offered and Entry Fees:

SEE CURRENT [RULEBOOK](#) OR [U.S. FIGURE SKATING WEBSITE](#) FOR RULES/REQUIREMENTS.

U.S. FIGURE SKATING EVENTS				
SINGLES	IJS/6.0	1st EVENT	2nd EVENT	3rd + EVENT
Excel Free Skate	IJS	\$210*		
Excel Free Skate	6.0	\$175*		
SPECIALTY	JUDGING	1st EVENT	2nd EVENT	3rd + EVENT
Excel Compulsory Moves (Excel Beg.–Excel Prelim.)	6.0	\$140	\$50	\$50
Jumps Challenge (Beginner–Senior)	6.0	\$140	\$50	\$50
Spins Challenge (Beginner–Senior)	6.0	\$140	\$50	\$50

*Includes the full experience for the weekend: Excel Free Skate Competition, Finalist Camp or Festival, Competitors’ Party, Finalist Exhibition.



Tentative Schedule – 2022 Excel Final & Festival

This is a tentative schedule and subject to change after the close of entries

THURSDAY, JULY 14, 2022

Qualifier Luncheon & Camp

Girls & Women's: Preliminary Plus, Pre-Juvenile Plus, Juvenile Plus Qualifiers

Boys & Men: Preliminary Plus, Pre-Juvenile Plus, Juvenile Plus, Intermediate Plus, Novice, Junior & Senior Qualifiers

Practice Ice

FRIDAY, JULY 15, 2022

Qualifier Luncheon & Camp

Women's: Intermediate Plus, Novice, Junior, Senior Qualifiers

Practice Ice

FS Competition

Girls & Women's Events: Preliminary Plus, Pre-Juvenile Plus, Juvenile Plus, Intermediate

Boys & Men's Events: Preliminary Plus, Pre-Juvenile Plus, Juvenile, Juvenile Plus, Intermediate, Intermediate Plus, Novice, Junior & Senior

SATURDAY, JULY 16, 2022

Festival

Girls & Women's: Beginner, High Beginner, Pre-Preliminary, Juvenile, Intermediate

Boys & Men: Juvenile, Intermediate

All Friday Competitors

Practice Ice

FS Competition

Girls & Women's Events: Beginner, High Beginner, Pre-Preliminary, Preliminary, Pre-Juvenile, Intermediate Plus, Novice, Junior, Senior

Boys & Men's Events: Beginner, High Beginner Pre-Preliminary, Preliminary, Pre-Juvenile

Competitors' Party

All Competitors

SUNDAY, JULY 17, 2022

Qualified and Team USA Exhibition

All Qualifiers Perform

All Excel Festival Competitors Attend

Festival

Boys: Beginner, High Beginner, Pre-Preliminary, Preliminary, Pre-Juvenile

Girls: Preliminary, Pre-Juvenile

Practice Ice

FS Competition

Girls Events: Juvenile

Compulsories, Jumps & Spins Competition

All Events, All Levels