



THE MICHELI CENTER
FOR SPORTS INJURY PREVENTION

CLASS SCHEDULE

Week of August 1, 2022

To book: Call [781-216-0070](tel:781-216-0070) or email info@themichelicenter.com

MON 8/1	TUES 8/2	WED 8/3	THURS 8/4	FRI 8/5	SAT 8/6
	1:00-1:50pm Tier A				1:00-1:50pm Tier B
		2:00-2:50pm Pairs/Dance			
2:30-3:20pm Tier A				2:30-3:20pm Tier B	
		3:30-4:20pm Tier A			3:30-4:20pm Tier B
4:00-4:50pm Tier B			4:30-5:20pm Tier A		
			7:00-7:50pm Tier A		

Tier A – Advanced: Juvenile, intermediate, novice, junior, senior

Tier B – Basic/Progressive: No test, pre-preliminary, preliminary

You **MUST** sign-up in advance through TMC, no drop-ins available.

Classes are restricted to a maximum of 7 skaters.

All classes are subject to change.

A class may be cancelled 48 hours in advanced if there is no one signed up.

50 minute classes

\$25 per class

5 classes: \$115

10 classes: \$210

20 classes: \$380