



PARTICIPANT HANDBOOK

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Bookmark this [link](https://www.usfigureskating.org/sites/default/files/media-files/NQS_announcement.pdf) and check back frequently for updates:

https://www.usfigureskating.org/sites/default/files/media-files/NQS_announcement.pdf

SECTION 1 | SERIES REQUIREMENTS & TECHNICAL INFORMATION

NATIONAL QUALIFYING SERIES (NQS) SNAPSHOT

- Twenty (20) competitions have been designated as National Qualifying Series in Singles, Pairs, and Ice Dance – Juvenile through Senior from late July to early October. The competition list can be found [here](#) and details in Section 2.
- **NEW** FOR 2023-24, singles athletes may only register for and compete at a maximum of three (3) approved NQS competitions. Beginning May 15 at 12:00 pm ET, singles athletes may register for ONE (1) approved NQS competition via [EMS](#). Details on Phased Registration can be found in Section 1. Pairs and Ice Dance teams do not have a registration maximum.
- The EMS Series Application for NQS will open on July 5 to accommodate membership renewal and club changes. The application must be completed prior to the first day of the NQS competition for the score to count in the Series Standings and advancement opportunities.

HISTORY & OVERVIEW

The U.S. Figure Skating National Qualifying Series (NQS) was approved by the 2018 Governing Council and implemented in the summer of 2019. The NQS is a series of competitions hosted individually by member clubs nationwide, in which athletes enter and earn a score. They will earn a placement in the individual competition they enter, an overall national ranking in their level and a regional and sectional ranking.

Beginning 2022-2023, nine stand-alone October qualifying competitions, Regional (singles) and Sectional (pairs and ice dance) Challenges were consolidated into the National Qualifying Series, allowing athletes to advance to the November Finals – Sectional Singles, U.S. Pairs and U.S. Ice Dance Finals – and culminating with the Toyota U.S. Figure Skating Championships and National High Performance Development Team Camp in January.

CONFIRM COMPETITIVE LEVEL

Meet all age requirements pertaining to the event to be entered by July 1, 2023

- Pending approval at 2023 Governing Council (May).

Meet test requirements by the conclusion of the National Qualifying Series.

Athletes/teams may complete qualifying registration for ONE level. Registration may be at the participants' current **competitive floor** (i.e. lowest level an athlete can compete at) or higher based on each athlete's goals and technical skill.

If skating higher, test information (from club test session, virtual test or IJS competition test credit) must be fully processed with U.S. Figure Skating and reflected in the athlete's profile no later than October 8, 2023. If minimum test eligibility is not met by October 8, athletes/teams will NOT be permitted to advance to NQS Finals in November.

- **What is the competitive floor?**

An athlete's competitive floor is the lowest level an athlete can compete at and is dictated by a paid EMS Series Application from the previous season's National Qualifying Series (NQS) or National Excel Series (Excel). The introduction of the competitive floor allows singles athletes to accelerate their free skate tests and register for the event level most comparable to their technical skill set.

- If an athlete competes in both NQS and/or Excel at different levels, their NQS level may be ONE LEVEL lower than Excel. For example, if an athlete skates Junior Excel, they may skate Novice NQS.

- **I do not have a competitive floor, what should I do?**

Section 4 of this handbook includes NQS Athlete Profile data. This data is based on results from the 2022-23 competitive season and reflects the performance of an athlete set on a given day during the National Qualifying Series (NQS). Scores for the 2023-24 competitive season may fluctuate contingent on varied program requirements, rule changes and scale of values. This information should be reviewed individually with each athlete's coach(es) to assess annual goals and selection of the appropriate competitive level.

- **Can I change my level?**

Athletes/teams wishing to move up a level prior to the conclusion of NQS may request the change via email at events@usfigureskating.org. A mid-season change will VOID all previous Series Standings and advancement opportunities tied to the athlete/team's original level.

- Only ONE change request is permitted per entry AND athletes may only move UP; they are not permitted to change to a lower level after posting a score to the Series Standings.

- Singles athletes are allowed to register for a maximum of three total NQS competitions and this maximum is enforced if changing a level.
 - For example, if an athlete competes in two NQS competitions as a novice and wishes to move up to Junior, their third NQS competition registration must be updated to this level by request to the LOC, in addition to events@usfigureskating.org, for an opportunity to advance to the NQS Finals.

Meet the citizen and residency requirements as stated in Rules 2230-2243.

Foreign or released athletes residing in the U.S. who currently represent another ISU federation other than U.S. Figure Skating may register and compete at an approved NQS competition. However, they are not eligible to complete the Series Application nor receive a score within the Series Standings.

- **Have you competed on behalf of another ISU federation (i.e. in international competition or their qualifying season) and are looking to return and/or compete within U.S. Figure Skating? Review the resources and requirements [here](#) for next steps.**

PHASED REGISTRATION | CHANGE FOR 2023-24 SEASON

Competition registration will take place over three phases from May 15 – July 7.

Singles athletes are allowed to register for a maximum of three (3) total NQS competitions in the 2023-24 season and to advance, must register for and compete at least one (1) competition to post a score. The maximum number of NQS competitions an athlete may register for will be limited per registration phase as outlined below. If at any time a singles athlete registers for more than what is permitted during the registration phase, subsequent registrations (based on EMS timestamp) are subject to withdrawal and entry fees refunded.

Pairs and ice dance athletes, due to limited competitive opportunities, **DO NOT** have a NQS registration limit and may register for multiple competitions during any given phase.

Competition hosts (LOCs) reserve the right to close registration at any given time, during any NQS registration phase, based on their entry capacity. This allows the hosts to manage the number of participants in the competition and provide the best competitive experience. The entry capacity will not be published due to the variables with each location. Ultimately, the decision to close registration is at the full discretion of the host, and participants should be aware of this possibility when considering their competitive schedule and plan for multiple scenarios. However, if an NQS competition chooses, after July 7 the LOC may extend their registration deadline as needed, but this is not guaranteed.

PHASE	DATES	REGISTRATION(S) PERMITTED
One	May 15 – June 1	<u>Singles</u> : Max. 1 NQS competition (first competition only) <u>Pairs/Ice Dance</u> : no maximum enforced
Two	June 5 – June 20	<u>Singles</u> : Max. 2 NQS competitions in total (first and/or second competition) <u>Pairs/Ice Dance</u> : no maximum enforced
Three	June 26	<u>Singles</u> : Max. 3 NQS competitions in total (first, second, and/or third competition) <u>Pairs/Ice Dance</u> : no maximum enforced

Phase 1 will begin on May 15 where all approved NQS competitions will begin accepting registrations. Registration will remain open as long as space permits for each competition. Phase 1 registration will close for all NQS competitions (regardless of space) on June 1. During this phase, singles athletes are allowed to register for no more than ONE NQS competition. **If a singles athlete registers for more than one NQS competition by the close of Phase 1, all registrations beyond their first (based on timestamp of registration) will be automatically removed.**

Phase 2 will take place from June 5 to June 20. Approved NQS competitions with available space will re-open registration. In this phase, single athletes are allowed to register for their first and/or second event (maximum of 2 total NQS competition registrations). **If an athlete registers for more than two NQS events by the close of Phase 2, all registrations beyond their first and second will be forfeited, based on the timestamp of their registration.**

Phase 3 will begin on June 26, approved NQS competitions with available space will re-open to accept registrations. Single athletes are allowed to register for their first, second, and/or third event (maximum of 3 total NQS competition registrations). It is at the LOC's discretion to accept registrations until their entry maximum has been met. **If an athlete registers for more than three NQS events by the close of Phase 3 or any late registration timeline set by an NQS competition, all registrations beyond their first, second and third will be forfeited, based on the timestamp of their registration.**

Phased Registration Notes:

- Singles athletes may only register for and compete at a maximum of three approved NQS competitions, they may not register for additional events and simply not have the score count towards series standings.

- If a singles athlete withdraws from one of their three NQS competitions, they are not eligible to register for an additional competition.
- If a NQS singles event has met their entry maximum and is no longer accepting registrations, the LOCs are permitted to accept pairs and/or ice dance entries. Interested teams must email the competition chair and chief referee (located in section 2 of this handbook) for details.

RENEW MEMBERSHIP

A current membership for the 2023-24 season is required to complete the EMS Series Application (membership must be fully processed with home club AND U.S. Figure Skating) and participate in approved NQS Competitions.

The application must be completed prior to the first day of the NQS competition for the score to count in the Series Standings and advancement opportunities. Singles athletes are automatically entered into one of the nine regions based on the location of their home club, or if an individual member, their home address. Pairs and ice dance teams are automatically entered into one of the three sections based on the location of the home club of the partner who completes registration, or if an individual member, their home address. Note: only one member of the team is required to complete the series application and approved competition registration.

All registrants are bound to their geographic designation at the time of entry and no changes are permitted. Club representation stays intact for the entirety of the season even if the athlete/team changes club.

EMS SERIES APPLICATION

Beginning July 5, athletes/teams can complete their qualifying registration via the EMS Series Application. This was updated from May 1 to accommodate membership renewal and club changes.

Competition registration will be conducted in three tiers as outlined within this document.. For pairs and ice dance teams, only ONE member must complete the registration.

The Series Application is the key requirement for qualifying registration AND replaces regional/sectional registration traditionally from July 15 – September 1. All interested athletes (including potential and

known byes) MUST complete this step prior to the start of their first approved NQS competition (first day of competition).

- Without a paid Series Application, NO scores will be posted to the Series Standings and thus athletes/teams cannot advance to the November Finals and/or U.S. Figure Skating Championships and National High Performance Development Team/Camp.
 - This applies equally to known byes; athletes who receive a bye MUST complete the Series Application regardless of status.
- If an athlete/team competes in an approved NQS competition prior to completing their Series Application, the scores will NOT count in the Series – no exceptions!
 - Skater A competes at Glacier Falls at the end of July but doesn't complete their Series Application until August, their scores do NOT count (and will not count AFTER the Series Application is complete).

Online payment via credit card is the ONLY accepted form of payment for the Series Application. No cash, checks, or mail orders will be accepted by U.S. Figure Skating.

NATIONAL QUALIFYING SERIES (NQS) STANDINGS

The NQS Standings will be available for viewing in EMS. The standings will display a national and sectional rank for all disciplines. Singles events will also display a regional ranking.

To access the standings:

- Log in to Members Only at <https://m.usfigureskating.org>.
 - Select **EMS**.
- Click “Series Information.”
 - Choose “2023-24 National Qualifying Series.”
- Select “Standings.”

At the end of each approved NQS competition, all IJS competition results will be uploaded to EMS by the chief accountant as soon as possible following the event's conclusion. Each skater's total score is transmitted to the Standings. Only a skater's current highest total score is officially recorded. If a skater finishes a competition and beats their previous high score, the score will be updated. If a skater competes but does not beat their current high score, the previous score stands.

An athlete/team will not appear on the NQS standings until they have earned a total score at an approved NQS competition for the level of their paid Series Application.

Please note, progression in the qualifying season (i.e., advancement to the November Finals) is tied to the **highest posted score** in the Series Standings, NOT from individual event placements at approved NQS competitions.

ATHLETE RECOGNITION

Digital series certificates will be provided to all participants who post a score with their final ranking(s) and pins will be sent to the home club of each participant for local recognition, and if an individual member of U.S. Figure Skating to the athlete(s) home address:

- Top 25% nationally – gold pin
- Top 26-50% nationally – silver pin
- Remaining participants will receive a “competitor” pin

SINGLES AWARDS

Regional Medals – awarded to top four highest scores per level, per region

Trophy – awarded to the gold medalist for each level, per region

PAIRS & ICE DANCE AWARDS

Sectional Medals – awarded to top four highest scoring teams per level, per section

Trophies – awarded to the gold medalist team for each level, per section

National Qualifying Series medals and trophies will be presented in-person, onsite at the November Finals. If unable to attend the November Finals, awards will be sent to each recipient’s home address.

ADVANCEMENT TO NQS FINALS

- 2024 Eastern Sectional Singles
 - *October 31 – November 5*
 - *Coral Springs, Florida*
- 2024 Pacific Coast Sectional Singles & U.S. Pairs Final

- *November 7 – 12*
- *Tacoma, Washington*
- 2024 Midwestern Sectional Singles & U.S. Ice Dance Final
 - *November 14-19*
 - *Bloomington, Minnesota*

Advancement information will be sent via email, outlining the EMS registration process and competition details in mid-October. Each qualifier will be required to complete registration and pay their entry fee within 72 hours of advancement email from U.S. Figure Skating Headquarters. If no response, spot will be forfeited, and alternate will be invited.

Singles: \$250/entry + \$10 administration fee

Pairs and Ice Dance: \$350/entry + \$10 administration fee

Online payment via credit card is the ONLY accepted form of payment for the qualifying season. No cash, checks, or mail orders will be accepted by U.S. Figure Skating.

SINGLES

- **Juvenile – Novice: 24 skaters per level**
 - Top 4 overall scores from each region, next best 12 overall scores from the section
- **Junior – Senior: 18 skaters per level plus byes**
 - Top 4 overall scores from each region, next best 6 overall scores from the section

PAIRS

- **Juvenile – Novice: 24 teams per level**
 - Top 4 overall scores from each section, next best 12 overall scores from nation
- **Junior – Senior: 18 teams per level plus byes**
 - Top 4 overall scores per section, next best 6 overall scores from nation

ICE DANCE

- **Juvenile – Novice: 24 teams per level**
 - Top 4 overall scores from each section, next best 12 overall scores from nation

- **Junior – Senior: 18 teams per level plus byes**
 - Top 4 overall scores per section, next best 6 overall scores from nation

Advancement information to the national high performance development team/camp & the 2024 Toyota U.S. Figure Skating Championships will be available in June 2023.

ADDITIONAL INFORMATION

If there are large entries for National Qualifying Series (juvenile – senior) events, the referee may choose to break the event into two or more seeded groups per the U.S. Figure Skating Rulebook. Athletes will remain in the same groups for each applicable segment to post a total score for the Series. For example: if there are more than 30 athletes in intermediate women, all skaters in group A will compete against each other in the short program, then again in the free skate for a total combined score, which is the athlete's total score for that competition.

There will be NO qualifying, consolation, or final rounds for NQS.

Please note, there will be NO segment-only competitive events for NQS levels (i.e., intermediate men's short program, only intermediate men's combined).

NO critiques may be offered at any NQS competition.

No refunds are provided for the EMS Series Application Fee under any circumstances (medical withdraws included).

All withdrawals from approved NQS competitions are considered final.

Entry fees and refund policies for approved NQS competition are at the discretion of each host club.

Coach Compliance

Any coach attending the competition must be included within a skater's series application AND individual competition registration via EMS. Any coaches declared at the time of registration will be included in the skater's registration confirmation email and have access to the EMS Coach Portal. Note, there is no registration approval process within EMS as the data (membership and test level) is tied to the U.S. Figure Skating database. Noncompliant coaches will receive automated email reminders through the start of the competition.

All National Qualifying Series coaches must meet the criteria below:

- ✓ Must be a current full member of U.S. Figure Skating either through a member club or as an individual member.
- ✓ If 18 years or older, must submit information for, proper payment of \$30 and successfully pass a background check.
 - The background check will be valid for two seasons, the one in which it was completed plus one additional.
- ✓ If 18 years or older, must complete annual SafeSport Training.
 - The training will be valid for 365 days from date of completion and there is no cost for the training/certification.
- ✓ Must complete the Professional Coach/Choreographer Coaching Education Requirement (CER) through the Professional Skaters Association (PSA).
- ✓ Must submit proof of general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate.
- ✓ Must agree to the U.S. Figure Skating Code of Ethics.
- ✓ Must complete three waivers: 1) Assumption of Risk, Waiver and Release and Indemnification Agreement, 2) Medical Consent and 3) Name and Likeness Release and Consent Agreement.
- ✓ Must be a full member of the Professional Skaters Association (PSA).

Liability

U.S. Figure Skating, the host club(s) and/or interclub association, the organizing committee and the ice arenas utilized for these events accept no responsibility for injury or damage sustained by any participant in these National Qualifying Series events (U.S. Figure Skating Rule 1600).

QUALIFYING ATHLETE CHECKLIST

- ☑ CONFIRM COMPETITIVE LEVEL (AGE & TEST ELIGIBILITY)
- ☑ ESTABLISH REGISTRATION PLAN FOR NQS
- ☑ REGISTER FOR AN APPROVED NQS COMPETITION VIA EMS → MAY 15, 2023
- ☑ RENEW MEMBERSHIP FOR 2023 – 24 SEASON → JUNE 1, 2023
- ☑ COMPLETE EMS SERIES APPLICATION → JULY 5, 2023

RESOURCE LIST

[U.S. Figure Skating Rulebook](#)

Event Management System (EMS)

- [Series Application](#)
- [Competition Registration](#)
- [Series Standings](#)
- Skater Portal: [My Coaches](#), [Music](#), [PPC](#)
- Coach Portal: [My Skaters](#), [Coach Schedule](#)

[Citizenship Eligibility](#)

[Program Requirements | Juvenile - Senior](#)

CONTACTS

U.S. Figure Skating Events Department

Email: events@usfigureskating.org

Phone: (719) 635-5200

U.S. Figure Skating Product Support (EMS)

Email: productsupport@usfigureskating.org

Phone: (719) 635-5200

SECTION 2 | APPROVED NQS COMPETITION INFORMATION



The competitions [here](#) have been approved for the 2023-2024 National Qualifying Series. All NQS competition registrations will be processed via the Event Management System (EMS). Updated information on these competitions will be available in this document no later than May 15.

Refer to EMS for additional information on entry fees, practice ice availability/pre-purchase, [music upload](#), [PPC submission](#) deadline(s) and if applicable, late fees. If you need assistance with EMS, email productsupport@usfigureskating.org.

When accessing registration on May 15 and beyond, look for the “NQS” designation in the event name and the **series logo**. Note, nonqualifying competition registration (i.e. excel, showcase) will be offered separately and **WILL NOT** include Juvenile through Senior events for the NQS approved disciplines. Nonqualifying registration timelines and events offered are at the full discretion of the local organizing committee.

SECTION 3 | FREQUENTLY ASKED QUESTIONS

When are regionals?

For the 2023-24 qualifying season, regionals have been consolidated into the approved NQS competitions. The Series Application is the key requirement for qualifying registration AND replaces regional/sectional registration traditionally from July 15 – September 1. All interested athletes (including potential and known byes) MUST complete this step.

Will there be any changes in the approved NQS competition list?

Approved NQS competitions and the designated disciplines are locked in as of May 1.

There will be no additional competitions. The competition list will be evaluated each year by the Competitions Committee.

Can I register for more than three NQS competitions as a singles athlete?

No. To promote fair competition and equitable opportunities for advancement, singles athletes are restricted to three NQS competitions. Please note, there will be no opportunity for singles athletes to compete at additional competition and not receive a scores/series standing.

Will nonqualifying competitions be held in conjunction with NQS?

Yes, each LOC may host a separate nonqualifying competition in conjunction with NQS. These events will be managed separately, to review registration timelines, events offered and announcements, click [here](#).

What levels are offered for the National Qualifying Series?

National Qualifying Series events are offered at juvenile, intermediate, novice, junior and senior for singles, pairs, and ice dance. Open juvenile is NOT included in NQS but athletes considering this level are invited to explore the [Excel](#) program.

I have not renewed my membership for the 2023-24 season, what are my options?

Given the rolling registration phases, there is time for an athlete/team to renew membership AFTER July 1 and then complete the Series Application. For scores to count, the series application must be completed prior to the FIRST DAY of an athlete/team's preferred NQS event. Without a renewed membership, an athlete/team cannot complete the Series Application and without a paid Series Application, scores from an approved NQS competition will not count (no exceptions).

Where can I find the Series Standings?

To access the standings:

- Log in to <https://m.usfigureskating.org>.
 - Not a member? Create a non-member account [here](#).
- Select **EMS**.
- Click "Series Information."
 - Choose "2023-24 National Qualifying Series."
- Select "Standings."

After the conclusion of each approved NQS competition, the chief accountant will upload the scores to EMS. Please allow up to 48 hours of event closure for standings to update. Reminder: only the athlete/team's highest score will be included on the series.

I competed at an approved NQS competition, but I don't see my scores on the Series Standings?

If a score is not listed from an approved NQS competition, review the following scenarios:

- Did you complete and pay for the Series Application prior to competing?
 - **Yes**, email productsupport@usfigureskating.org with member number, series level and competition name.
 - **No**, the score will not count as it is a requirement to complete the Series Application prior to competing at the approved NQS competition. There will be no exceptions!
- Is the score your highest for the Series?
 - Only an athlete/team's highest total score will be reflected on the Series Standings.

How can I verify if I (or my teammate) has completed the required Series Application?

Access EMS and select "Series Information" – if complete, you will see your event level and **Paid ✓**.

- **Need to update your level after payment?**

- Email events@usfigureskating.org for next steps. Note, after an athlete/team has posted a score to the Series Standings, they may only move up a level and may not move down.

How will initial and/or final rounds work?

There will be NO initial/qualifying or final rounds.

If there are large entries for National Qualifying Series (juvenile – senior) events, the referee may choose to break the event into two or more seeded groups per the U.S. Figure Skating Rulebook.

- Athletes will remain in the same groups for each applicable segment.
- The total score from their group will apply to Series Standings, if they have a paid Series Application at this level.

If I competed at an approved NQS competition but did not complete my Series Application – do my scores count?

NO. Only scores from approved NQS competitions after you complete and pay for your Series Application will count towards Series Standings. Further, the series application level and competition level must match!

I skated up at approved NQS competitions and I qualified for the NQS Finals, but I haven't passed my test yet. What happens?

Appropriate tests must be passed by the conclusion of the National Qualifying Series to advance; however, athletes may use IJS protocol for test credit to meet this requirement, but it must be processed (i.e., submitted to U.S. Figure Skating through their home club) no later than October 8. It is the responsibility of the athlete and coach to ensure they are following the appropriate procedure and timelines.

- Athletes should ensure they understand the process for obtaining and submitting competition test credit from approved NQS competitions in advance of the event (review details in announcement).

Do alternates for the November Finals, U.S. Championships or NHPDT need to do anything?

No action is required for alternates. If invited to the qualifying competition, alternates will be notified via email by U.S. Figure Skating. Alternates may be invited up to 72 hours prior to the first segment draw in their event.

I have the highest score in my level, in my region. How do I get my award?

National Qualifying Series medals and trophies will be presented in-person, onsite at the NQS Finals. If unable to attend the November Finals, awards will be mailed to each recipient's home address.

I have formed a new partnership after paying for my Series Application, what are my options?

If a team disbands after paying for the Series Application and a new team is formed, the new team must email events@usfigureskating.org to request a change. Any team changes will VOID all previous Series Standings and advancement opportunities tied to the team's original application.

If an athlete is deciding between two levels for the competitive season, what is the best direction?

If deciding between two levels for NQS, it would be best for the athlete to register for the lower of the two levels. This allows them to request a change to move up if they feel that they are ready to compete at a higher level. It is important to note that athletes who change levels for NQS must compete at that new level within the registration maximum, and no additional events will be offered to accommodate the change.

Overall, the decision to register for a lower or higher level should be based on the athlete's individual abilities, goals, and level of readiness for competition. It's important to carefully consider all factors before making a final decision.

I want to change my level after paying for my Series Application.

Athletes/teams wishing to move up a level prior to the conclusion of NQS may request the change via email at events@usfigureskating.org. A mid-season change will VOID all previous Series Standings and advancement opportunities tied to the athlete/team's original level. Only ONE change requested is permitted per entry.

I want to change my home club after paying for my Series Application.

After completing the Series Application (available on July 5), athletes/teams are bound to their club for the entirety of the qualifying season. Club representation may NOT be changed at any time, under any circumstance.

Who will receive byes to the NQS Finals and/or U.S. Figure Skating Championships?

Bye criteria will be published early June 1.

Can foreign athletes compete within the National Qualifying Series?

Athletes/teams representing another ISU federation may compete AT National Qualifying Series approved competitions (as a nonqualifying entry) but may not complete the Series Application and/or post a score to the Series Standings.

If a foreign athlete or returning U.S. citizen, who has competed for another ISU federation, wishes to compete within the National Qualifying Series they must receive approval. Review the resources [here](#) for additional information.

What happens if an athlete qualifies in two disciplines and the team event is held in a different section?

If an athlete qualifies for the NQS Finals in two disciplines, they may transfer their singles entry to the section the U.S. Ice Dance or U.S. Pairs Final is held or they may opt to compete at both events separately.

Advancement information to the national high performance development team/camp & the 2024 Toyota U.S. Figure Skating Championships will be available in June 2023.

SECTION 4 | NQS ATHLETE PROFILES

Click [HERE](#) for NQS Athlete Profile Data for Singles.

This data is based on results from the 2022-23 competitive season and reflects the performance of an athlete set on a given day during the National Qualifying Series (NQS). Scores for the 2023-24 competitive season may fluctuate contingent on varied program requirements, rule changes and scale of values. This information should be reviewed individually with each athlete's coach(es) to assess annual goals and selection of the appropriate competitive level.