



**The Skating Club of Boston**  
**West Rink**  
**September 3, 2023 - November 25, 2023**

updated 10/25/23

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:10 - 7:00 AM Dance/Free (NT/Sr)						
7:00 - 7:50 AM Dance/Free (NT/Sr)	6:30 - 7:20 AM Dance/Free (NT/Sr)	6:30 - 7:20 AM Dance/Free (NT/Sr)	7:00 - 10:00 AM Hayden	7:00 - 10:00 AM Hayden	6:30 - 7:20 AM Dance/Free (NT/Sr)	7:00 - 9:30 AM Hayden
7:50 - 8:50 AM * Dance/Free (NT/Sr)	7:30 - 8:20 AM Dance/Free (NT/Sr)	7:30 - 8:20 AM Free (Juv/Sr)			7:30 - 8:00 AM Jump Exercises (Triples/Quads)	
9:00 - 9:50 AM * Dance/Free (NT/Sr)	8:30 - 9:50 AM Free (Juv/Sr)	8:30 - 9:50 AM Free (Juv/Sr)			8:00 - 9:20 AM Restricted	
9:50 - 10:50 AM * Dance/Free (NT/Sr)	10:00 - 11:20 AM Free (Juv/Sr)	10:00 - 11:20 AM Free (Juv/Sr)			9:30 - 10:50 AM Restricted	
11:00 - 11:50 AM * Hayden	11:30 - 12:50 PM Free (Juv/Sr)	11:30 - 12:50 PM Free (Juv/Sr)			11:00 - 11:50 AM Free (Juv/Sr)	
12:00 - 12:50 PM * FPSS Rehearsal 10/22 - 11/26 ONLY	1:00 - 2:20 PM Restricted	1:00 - 2:20 PM Free (Juv/Sr)	12:30 - 1:20 PM Free (Juv/Sr)	12:30 - 1:20 PM Free (Juv/Sr)	12:00 - 12:50 PM Free (Juv/Sr)	10:50 - 11:50 AM Restricted
1:00 - 7:40 PM TOI of Boston	2:30 - 3:10 PM Free (Int/Sr)	2:30 - 3:10 PM Free (Int/Sr)	1:30 - 2:20 PM Free (Juv/Sr)	1:30 - 2:20 PM Free (Juv/Sr)	1:00 - 2:20 PM Free (Juv/Sr)	12:00 - 1:50 PM Hayden
	3:10 - 3:50 PM Free (Int/Sr)	3:10 - 3:50 PM Free (Int/Sr)	2:30 - 3:10 PM Free (Int/Sr)	2:30 - 3:10 PM Free (Int/Sr)	2:30 - 3:20 PM Free (Int/Sr)	
	4:00 - 4:50 PM Free (Int/Sr)	4:00 - 4:50 PM Free (Int/Sr)	3:10 - 3:50 PM Free (Int/Sr)	3:10 - 3:50 PM Free (Int/Sr)	3:30 - 4:20 PM Free (Int/Sr)	
	5:00 - 5:50 PM Free (Int/Sr)	5:00 - 5:50 PM Free (Int/Sr)	4:00 - 4:50 PM Free (Int/Sr)	4:00 - 4:50 PM Free (Int/Sr)	4:20 - 4:40 PM Jump Class (NT/Sr)	
	6:00 - 6:50 PM Free (Int/Sr)	6:00 - 6:50 PM Free (Int/Sr)	5:00 - 5:50 PM Free (Int/Sr)	5:00 - 5:50 PM Free (Int/Sr)	4:50 - 5:50 PM Free (Int/Sr)	2:00 - 4:50 PM Hayden
	7:00 - 8:30 PM Team Excel	7:00 - 7:50 PM Free (NT/Sr)	6:00 - 6:50 PM Tomorrow's Champions	5:00 - 5:50 PM Free (Int/Sr)	6:00 - 7:00 PM * Free (Int/Sr)	
		8:00 - 9:50 PM Adult Skate (18+)	7:00 - 7:50 PM Team Excel	6:00 - 6:50 PM Free (Int/Sr)	*NQS	
			8:00 - 8:30 PM Adult Edge Class	7:00 - 8:30 PM Team Excel	6:00 - 6:50 PM Free (Int/Sr)	
			8:30 - 9:50 PM Adult Free	8:00 - 9:50 PM TOI of Boston	P1 *NQS	
		8:40 - 10:10 PM Team Excel		8:40 - 10:10 PM Team Excel	7:10 - 9:00 PM * Exhibitors	
7:50 - 9:40 PM Adult Skate (18+)				9:10 - 10:00 PM * Club Dance	5:00 - 7:10 PM Team Excel	
					7:20 - 8:50 PM Team Excel	

Sessions with a red background are for Club members with full skating privileges only. Sessions marked with (\*) may be cancelled for other Club programming. Sessions marked with (P1) will allow for 1 pair team. For Restricted sessions, skaters must be approved by Club Management prior to taking the ice. Coaches must submit their skaters for approval for Restricted sessions. No more than 4 pair teams will be allowed on any Restricted session at the same time. Ice dancers are not permitted to skate the Restricted sessions. Club Management reserves the right to modify the ice schedule and/or grant exceptions for skaters where it sees fit.