



The Skating Club of Boston
East Rink
December 1, 2024 - June 30, 2025
Updated December 4, 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:00 - 6:50 AM Hockey Lessons	5:50 - 6:40 AM Hockey Lessons	6:00 - 6:30 AM Dance/Free (NT/Sr)	6:10 - 7:00 AM Hockey Lessons	6:00 - 6:30 AM Dance/Free (NT/Sr)	6:00 - 6:50 AM Hockey Lessons	6:00 - 6:50 AM Hockey Lessons
7:00 - 7:50 AM Free (NT/Juv)	6:50 - 7:40 AM Free (NT/Juv)	6:30 - 7:10 AM Dance/Free (NT/Sr)	7:10 - 9:00 AM Hayden	6:30 - 7:10 AM Dance/Free (NT/Sr)	7:00 - 7:50 AM Dance/Free (NT/Sr)	7:00 - 7:50 AM Free (NT/Juv)
8:00 - 11:20 AM Norwood Nuggets	7:50 - 8:40 AM Dance/Free (NT/Sr)	7:20 - 8:10 AM Dance/Free (NT/Sr)		7:20 - 8:10 AM Dance/Free (NT/Sr)	8:00 - 9:00 AM Dance/Free (NT/Sr)	8:00 - 9:00 AM Dance/Free (NT/Sr)
	8:50 - 9:40 AM Dance/Free (NT/Sr)	8:20 - 9:20 AM Dance/Free (NT/Sr)	9:10 - 10:00 AM Dance/Free (NT/Sr)	8:20 - 9:20 AM Dance/Free (NT/Sr)	9:10 - 10:00 AM Skating Academy	9:00 - 9:50 AM Tomorrow's Champions
	9:40 - 10:20 AM Dance/Free (NT/Sr)	9:30 - 10:20 AM Dance/Free (NT/Sr)	10:00 - 10:50 AM Dance/Free (NT/Sr)	9:30 - 10:20 AM Dance/Free (NT/Sr)	10:20 - 11:20 AM Dance/Free (NT/Sr)	10:00 - 10:50 AM Restricted
	10:30 - 11:30 AM Dance/Free (NT/Sr)	10:30 - 11:20 AM Dance/Free (NT/Sr)	11:00 - 12:00 PM Dance/Free (NT/Sr)	10:30 - 11:20 AM Dance/Free (NT/Sr)	11:30 - 12:20 PM Dance/Free (NT/Sr)	11:00 - 11:50 AM Restricted
11:30 AM - 1:40 PM Hayden	11:30 - 12:20 PM Dance/Free (NT/Sr)	11:30 - 12:20 PM Dance/Free (NT/Sr)	12:00 - 1:00 PM Dance/Free (NT/Sr)	11:30 - 12:20 PM Dance/Free (NT/Sr)	12:30 - 1:20 PM Dance/Free (NT/Sr)	12:00 - 12:50 PM Dance/Free (NT/Sr) P1
	12:30 - 1:30 PM Dance/Free (NT/Sr)	12:30 - 1:20 PM Dance/Free (NT/Sr)	1:10 - 2:00 PM Dance/Free (NT/Sr)	12:30 - 1:20 PM Dance/Free (NT/Sr)	1:30 - 2:20 PM Dance/Free (NT/Sr)	1:00 - 1:50 PM Dance/Free (NT/Sr) P1
	1:40 - 2:10 PM Dance/Free (NT/Sr)	1:30 - 2:20 PM Dance/Free (NT/Sr)	2:00 - 2:50 PM Dance/Free (NT/Sr)	1:30 - 2:30 PM Dance/Free (NT/Sr)	2:30 - 3:20 PM Dance/Free (NT/Sr)	2:00 - 2:50 PM Dance/Free (NT/Sr)
	2:10 - 2:40 PM Dance/Free (NT/Sr)	2:30 - 3:20 PM Dance/Free (NT/Sr)	3:00 - 3:50 PM Dance/Free (NT/Sr)	lengthened 12/5/24	2:30 - 3:20 PM Dance/Free (NT/Sr)	
1:50 - 4:20 PM Team Excel	2:40 - 3:20 PM Dance/Free (NT/Sr) <i>**ends in March 2025</i>			3:30 - 5:50 PM Mustangs Hockey	3:30 - 6:20 PM Mustangs Hockey	3:00 - 5:50 PM Mustangs Hockey
	3:30 - 5:50 PM Mustangs Hockey	3:30 - 6:20 PM Mustangs Hockey	4:00 - 6:50 PM Mustangs Hockey	3:30 - 5:50 PM Mustangs Hockey		
4:30 - 5:50 PM Team Excel	6:00 - 6:50 PM Tomorrow's Champions					
6:00 - 8:30 PM Team Excel	7:00 - 7:50 PM Free (NT/Sr) P1	6:30 - 7:50 PM Hayden	7:00 - 7:50 PM Norwood Nuggets	6:00 - 9:50 PM Hayden	6:30 - 8:20 PM Hayden	6:00 - 8:00 PM Team Excel
	8:00 - 8:50 PM Norwood Nuggets	8:00 - 8:50 PM Norwood Nuggets	8:00 - 8:50 PM Norwood Nuggets		8:30 - 9:20PM Adult Skate	8:10 - 9:00 PM Frog Pond Practice
	9:00 - 10:00 PM Norwood Rangers	9:00 - 10:00 PM Power Play	9:00 - 9:50 PM Norwood Nuggets			

[Click HERE to review the "Understanding the Schedule" guide.](#)

Sessions with a RED background are for Club members with full skating privileges.

Sessions marked with (P1) will allow for 1 pair team.

NQS = National Qualifying Series, must have completed a Series Application (Juvenile – Senior) to access.

Sessions marked with (*) may be cancelled for other Club programming.

Restricted sessions are high performance training sessions, and skaters must be approved by Club management.

If a skater would like to request access for a session they are not eligible for, their coach must contact On Ice Director, Simon Shnapir, via email for approval.

[Club Management reserves the right to modify the schedule and/or grant exceptions – check the Ice Schedule Notices page frequently.](#)

[Questions? Email club.info@scboston.org.](mailto:club.info@scboston.org)